S. MICHAEL AND ALL ANGELS + MOUNT DINHAM Sunday 21 March 2021: LENT V: Passion Sunday

To be added to or removed from the list of recipients of this Virtual Pugh Sheet please send an e-pistle to opn@umn.edu

This Sunday (21 March: Lent V) at 11 am there will be Mass in church with cantors celebrated by Fr. Robin Eastoe

Please enter by the South Door & WEAR A MASK, unless exempt.

Please sign in and sit where you see one of the white labels.

Please keep 6 feet apart, and use the hand sanitizers

at your going out and your coming in.

Please do not challenge those exempt from wearing masks (include those with impaired hearing) as this can cause distress

Please do not come to church if you are feeling ill

or are shielding or are vulnerable

vespers is live-streamed at 6 p.m. on Thursdays on the Friends of S. Michael's Facebook page https://www.facebook.com/groups/2227703237
There will be Mattins at 9.30 and Mass at 10 am on Wednesday March 24 in church and also streamed on the S. Michael's Facebook page

Holy Week services in church

Audio-visual Stations of the Cross on Tuesday March 30 at 7 pm Angelus, Matins and Mass on Wednesday April 1 at 9.30 am Mass on Maundy Thursday April 1 will start at 7.30 pm and the Easter Vigil on Holy Saturday April 3 at 8.30 pm

Licensed Clergy:

Prebendary Nigel Guthrie (Day off: Monday)

nigel.guthrie1@gmail .com

The Revd. Belinda Speed-Andrews: bspeedandrews@gmail.com/ The Revd. Ash Leighton Plom, Curate: aescleal@gmail.com/

www.stmichaelsmountdinham.org.uk

twitter: @StMikes Exeter

facebook: https://ww.facebook.com/stmichaelsmtdinhamexeter

There will be two cantors at Sunday Mass, but no congregational singing

Below are details of the music t that will be sung on Sunday and [in square brackets] the hymns we might have sung with links to recordings for you to enjoy at home

HYMNS:

Introit: [Lift high the Cross]

https://www.youtube.com/watch?v=7nGaT8QnYRE

Offertory: 79 The royal banners forward go https://www.youtube.com/watch?v=g8P649PiWkl

Recessional: [Glory be to Jesus who in bitter pains] https://www.youtube.com/watch?v=PpycU85DLWY

Mass Setting: Missa de Angelis https://www.youtube.com/watch?v=9s1VpaTg4fs

Motet: Lent Prose

https://www.youtube.com/watch?v=VBUbyl3Zjj0

PROPERS:

Introit Psalm: Give sentence with me O God, and defend the cause of my soul against the ungodly people: deliver me and rid me from the deceitful and wicked man, for thou O Lord art my God and my strong salvation. O send out thy light and thy truth that they may lead me: and bring me unto thy holy hill and to thy dwelling. Give sentence with me O God... etc.

<u>Gradual</u>: Deliver me O Lord from <u>mine enemies</u>: **teach me to do the <u>thing that pleaseth thee</u>**. It is the Lord that delivereth me from my cruel enemies, and setteth me up above mine adv<u>ersaries</u>: **thou shalt deliver me <u>from the wicked man</u>**.

Tract: Many a time have they fought against me from my youth up: may Israel now say: yea many a time have they vexed me from my youth up. But they have not prevailed against me: The plowers ploughed upon my back. And made long furrows: but the righteous Lord hath hewn the snares of the ungodly in pieces.

<u>Offertory Psalm</u>: I will give thanks unto the Lord with my whole heart: O do well unto thy servant that may live and keep thy word: quicken thou me according to thy name O Lord.

<u>Communion Psalm</u>: This is my Body which is given for you; this Cup is the new Testament in my blood saith the Lord: **this do ye as oft as ye drink it in remembrance of me.**

The Angelus is said at the end of Mass

FOR YOUR PRAYERS THE SICK, VULNERABLE AND UNWELL

Those suffering from Covid-19

DIED RECENTLY: Elizabeth Hewitt, John Thompson, Caryl Rothwell

YEAR'S MIND: William Hoskins Eric Rogers priest Richard Summers Alice Mitchell Reginald Townsend Constance Potter Tom Hunt Eric Brabner

Walter Linscott

Please email updates (both additions and removals) to the prayer list and Year's Mind to: opn@umn.edu

Prayers are asked for hospital chaplains and other clergy, for those fighting the Covid-19 virus, especially those working in the NHS, Social Care and emergency services, for the two children injured and bereaved in the Clayton Road house fire

In the Parish Cycle of Prayer please pray for our church musicians

In the **Deanery** our prayers are asked for East Exeter (Ss. Sidwell, Mark and Matthew), S. Petrock's and allied ministries. East Exeter (S. Boniface, Holy Trinity), Readers and retired Readers, Heavitree S. Michael and S. Mary Steps, Retired Clergy, Heavitree S. Lawrence and S. Paul

In the **Diocese** our prayers are asked for Rev'd Arthur Stanley Abui as he becomes the fourth Bishop of Hanuato'o in Makira Ulawa Province, Melanesia, Beacon Parishes Mission Community (i.e.

Ipplepen etc.), Bere Ferrers with Bere Alston Mission Community, the Anglican churches in Qatar, Bovey Valley Mission Community, Brixham Mission Community

Virtual **Stations of the Cross** may be followed at https://www.stmichaelsmountdinham.org.uk/wp-content/uploads/2020/04/STATIONSOFTHECROSS StM.pdf

S. Michael's Food Bank Box

The Exeter Food Bank needs in-date donations of the following:
Tinned fish (esp. tuna), Sugar, Jams and spreads,
Tinned rice puddings, Sponge puddings, Nappies sizes 4, 5, 6
In this past week the Food Bank fed 122 people

There will be a **Virtual Men's Breakfast** by Zoom on Saturday 27 March at 9am

Stephanie Aplin (stephaniecaplin@yahoo.co.uk) and Elizabeth Hughes (01392) 259878 will take orders for **baked goods** for collection from church

Help is sought with the fortnightly **church cleaning**. Please talk to Stephanie Aplin or Elizabeth Hughes

The **church electoral roll** is being revised between 31 March and 13 April 2021. Regular worshippers who are not on the roll should complete a form and return it to Paula Lewis

The **Annual Parochial Church Meeting** will be held over the Internet on **Wednesday 28th April 2021**Nominations are sought for Chapel Warden and the PCC

Q. What comes after the Angelus **next** Sunday morning?
A. All the people who forgot to put their clocks forward