

S. MICHAEL AND ALL ANGELS + MOUNT DINHAM

Sunday 14 February 2021: Quinquagesima

To be added to or removed from the list of recipients of this Virtual Pugh Sheet please send an e-pistle to opn@umn.edu

This Sunday (14 February 2021: Quinquagesima) Church will be open from 11 am to 12 noon for private prayer with Exposition of the Blessed Sacrament

Please enter by the South Door & WEAR A MASK, unless exempt

Please sign in and sit where you see one of the white labels.

Please keep 6 feet apart, and use the hand sanitizers at your going out and your coming in

Please do not come to church if you are feeling ill or are shielding or are vulnerable

Divine Worship is still suspended during the present LOCKDOWN

Details of the Zoom service at 7.30 pm on Ash Wednesday:

[https://us02web.zoom.us/j/6602261392?](https://us02web.zoom.us/j/6602261392?pwd=VzdOaU1XUFBjWk9jV0xvMDZWajZBQT09)

[pwd=VzdOaU1XUFBjWk9jV0xvMDZWajZBQT09](https://us02web.zoom.us/j/6602261392?pwd=VzdOaU1XUFBjWk9jV0xvMDZWajZBQT09)

Meeting ID: 660 226 1392 Passcode: 196651

You can collect ash at the times of Private Prayer

VESPERS will now be live-streamed at 6 p.m. on Tuesdays

on the [Friends of S. Michael's Facebook page](https://www.facebook.com/groups/2227703237)

<https://www.facebook.com/groups/2227703237>

and **Matins** at 9.30 am on the [S. Michael's Facebook page](https://www.facebook.com/stmichaelsmtdinhamexeter)

<https://www.facebook.com/stmichaelsmtdinhamexeter>

Sunday's Parish Service is available at

<https://youtu.be/Va4A3KVB0Ww>

Licensed Clergy:

Prebendary Nigel Guthrie (Day off: Monday)

nigel.guthrie1@gmail.com

The Revd. Belinda Speed-Andrews: [bspeedandrews@gmail.com/](mailto:bspeedandrews@gmail.com)

The Revd. Ash Leighton Plom, Curate: aescleal@gmail.com/

www.stmichaelsmountdinham.org.uk

twitter: @StMikes_Exeter

facebook: <https://www.facebook.com/stmichaelsmtdinhamexeter>

Below are details of the music that would have been

sung at Mass, together with details of recordings

for you to enjoy at home

HYMNS:

Introit: Who would true valour see

<https://www.youtube.com/watch?v=FTOu0-bCSIM>

Offertory: All my hope on God is founded

<https://www.youtube.com/watch?v=8AL9g6GbWYo>

Recessional: Rejoice the Lord is King

<https://www.youtube.com/watch?v=foWV4dA6GDk>

Mass Setting: Mass in F

Rheinberger

Kyrie: https://www.youtube.com/watch?v=4RI3H_3-iY4

Sanctus: <https://www.youtube.com/watch?v=G40j5lCH37U>

Benedictus: <https://www.youtube.com/watch?v=cir55ZTLupl>

Agnus Dei: <https://www.youtube.com/watch?v=PtRIWZEMptw>

Motet: O nata lux de lumine

Tallis

https://www.youtube.com/watch?v=-4pwX_ru7fc

PROPER:

Introit Psalm: Be thou my God and defender, and a place of refuge

that thou mayest save me: **for thou art my upholder, my**

refuge, and my Saviour, and for thy holy Name's sake be

thou my leader and my sustainer. In thee O Lord have I put my

trust, let me never be put to confusion: **but rid me and deliver**

me in thy righteousness. Glory be and to the Holy Ghost. **As**

it was ... and ever shall be world without end Amen. Be

thou my God...

Gradual: Thou art the God that doeth wonders: **and hast**

declared thy power among the people. Thou hast mightily

delivered thy people: **even the sons of Jacob and Joseph.**

Tract: O be joyful in the Lord all ye lands: serve the Lord with gladness. **Come before his presence with a song: be ye sure that the Lord he is God.** It is he that hath made us and not we ourselves: **we are his people and the sheep of his pasture.**

Offertory Psalm: Blessed art thou O Lord, O teach me thy statutes: **with my lips have I been telling of all the judgements of thy mouth.**

Communion Psalm: They did eat and were well filled, for the Lord gave them their own desire: **they were not disappointed of their lust.**

The Angelus is said at the end of Mass

FOR YOUR PRAYERS

THE SICK, VULNERABLE AND UNWELL

Those suffering from Covid-19

DIED RECENTLY: Cyril Mango, Lucien Nethsinga

YEAR'S MIND: Christopher Sutherland	Penelope Tudd	
Mabel Woolaway	Andrew Sage	Albert Grayer
Walter Skinner	Albert Gill	Anna de Castro Beverton
Mary Mason	Louisa Webber	Alice Densham
Dorothy French	Ian Ross	

Please email updates (both additions and removals) to the prayer list and Year's Mind to: opn@umn.edu

Prayers are asked for hospital chaplains and other clergy, for those fighting the Covid-19 virus, especially those working in the NHS, Social Care and emergency services

In the **Deanery** our prayers are asked for Retired clergy, S. David with S. Michael (Mount Dinham), Hospice Chaplaincy, S. James, Exeter Street Pastors, Central Parishes, Deaf Church

In the **Diocese** our prayers are asked for Racial Justice, for those planning exchange conferences with the Diocese of Bayeux-Lisieux, for an intention to keep a good Lent, for Torridge and Taw Mission

Community, for Torrington Mission Community, for Totnes Mission Community, for lay chairs secretaries and treasurers of P.C.C.s

People exempt from wearing masks include those with impaired hearing. Please do not challenge the exempt as this can cause distress

If you or anyone you know feels lonely please contact Fr. Nigel at (01392) 660226 or nigel.guthrie1@gmail.com/ or Ash at 07855 305519

Paper for recycling and Food Bank donations may be left in church at times of private prayer

Elizabeth Hughes will take orders for **baked goods** for collection in aid of the church at **Exeter (01392) 259878** as will Stephanie Aplin at stephaniecaplin@yahoo.co.uk

S. Michael's Food Bank Box

The Exeter Food Bank needs in-date donations of the following:
Tinned fruit, Sugar, Coffee, Tinned vegetables, Sponge puddings, Washing up fluid, Nappies sizes 4, 5, 6

Virtual **Men's Breakfast:** Saturday 20 February at 9 am
For further details, consult <https://www.facebook.com/stmichaelsmtdinhamexeter/>

A **Zoom Lent Group** will meet on Thursdays 4, 11, & 18 March to consider **Persecution and the Early Church**. Details will be sent out with next week's pugh sheet and to friends of the S. Michael's lecture series.

Details of the Zoom "coffee morning" (10.30 am, Sunday):
<https://us02web.zoom.us/j/6602261392?pwd=VzdOaU1XUFBjWk9jV0xvMDZWajZBQT09>

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