

S. MICHAEL AND ALL ANGELS + MOUNT DINHAM
Sunday 21 February 2021: Quadragesima: LENT I

To be added to or removed from the list of recipients of this Virtual Pugh Sheet please send an e-pistle to opn@umn.edu

This Sunday (21 February 2021: Quadragesima)
Church will be open from 11 am to 12 noon for private prayer with Exposition of the Blessed Sacrament

Please enter by the South Door & WEAR A MASK, unless exempt
Please sign in and sit where you see one of the white labels.
Please keep 6 feet apart, and use the hand sanitizers at your going out and your coming in
People exempt from wearing masks include those with impaired hearing.
Please do not challenge the exempt as this can cause distress
Please do not come to church if you are feeling ill or are shielding or are vulnerable

Divine Worship is still suspended during the present LOCKDOWN

There is a Recorded Service at <https://youtu.be/0YSxjekdW0E>

VESPERS is live-streamed at 6 p.m. on Tuesdays on the [Friends of S. Michael's Facebook page](https://www.facebook.com/groups/2227703237)
<https://www.facebook.com/groups/2227703237>
and **Matins** at 9.30 am on the [S. Michael's Facebook page](https://www.facebook.com/groups/2227703237)

If you or anyone you know feels lonely please contact Fr. Nigel at (01392) 660226 or nigel.guthrie1@gmail.com/ or Ash at 07855 305519

Licensed Clergy:

Prebendary Nigel Guthrie (Day off: Monday)
nigel.guthrie1@gmail.com
The Revd. Belinda Speed-Andrews: bspeedandrews@gmail.com/

The Revd. Ash Leighton Plom, Curate: aescleal@gmail.com/
www.stmichaelsmountdinham.org.uk

twitter: @StMikes_Exeter

facebook: <https://www.facebook.com/stmichaelsmtdinhamexeter>

Below are details of the music that would have been sung at Mass, together with details of recordings for you to enjoy at home

HYMNS:

Introit: Christian dost thou see them on the holy ground
<https://www.youtube.com/watch?v=APICl8iToRg>

Offertory: Jesu Lover of my soul
<https://www.youtube.com/watch?v=WyN9KbF4gYQ>

Recessional: Forty days and forty nights
<https://www.youtube.com/watch?v=nWEYJHxkNfc>

Mass Setting: Missa De Angelis
<https://www.youtube.com/watch?v=37q9zIznj2M>

Motet: Nolo mortem peccatoris *Morley*
https://www.youtube.com/watch?v=9r_V8QBxud8

PROPER:

Introit Psalm: He shall call upon me and I shall hearken unto him, I will deliver him and bring him to honour: **with length of days will I satisfy him.** Whoso dwelleth under the defence of the Most High: **shall abide under the shadow of the Almighty.** Glory be and to the Holy Ghost. **As it was ... and ever shall be: world without end Amen. He shall call upon me...**

Gradual: He shall give his angels charge over thee: **to keep thee in all thy ways.** They shall bear thee in their hands: **that thou hurt not thy foot against a stone.**

Tract: Whoso dwelleth under the defence of the Most High: shall abide under the shadow of the Almighty. **I will say unto the Lord, thou art my hope and my stronghold: my God in him will I trust.** For he shall deliver thee from the snare of the hunter: and from the noisome pestilence. **He shall defend thee under his wings: and thou shalt be safe under his feathers.** His faithfulness and truth shall be thy shield and buckler: thou shalt not

be afraid for any terror by night. **Nor for the arrow that flieth by day, for the pestilence that walketh in darkness: nor for the sickness that destroyeth in the noon-day.** A thousand shall fall beside thee and ten thousand at thy right hand: but it shall not come nigh thee. **For he shall give his angels charge over thee: to keep thee in all thy ways.** They shall bear thee in their hands: that thou hurt not thy foot against a stone. **Thou shalt go upon the lion and adder: the young lion and the dragon shalt thou tread under thy feet.** Because he hath set his love upon me therefore will I deliver him: I will set him up because he hath known my Name. **He shall call upon me and I will hear him: yea I am with him in trouble.** I will deliver him and bring him to honour: **with long life will I satisfy him and shew him my salvation.**

Offertory Psalm: He shall defend thee under his wings, and thou shalt be safe under his feathers: **His faithfulness and truth shall be thy shield and buckler.**

Communion Psalm: Whoso drinketh of the water that I shall give him saith the Lord: **and it shall be in him a well of water springing up unto life eternal.**

The Angelus is said at the end of Mass

FOR YOUR PRAYERS

THE SICK, VULNERABLE AND UNWELL

Those suffering from Covid-19

DIED RECENTLY: Cyril Mango, Lucien Nethsinga, Elizabeth Hewitt

YEAR'S MIND:	George Pellew	Nellie Williams
Stanley Beer	Sylvia Ricketts	Joan Elisabeth Robins
Robert Hewitt	Eric Yates	Arthur Folland
Elizabeth Sutherland	Malcolm Hutchinson	Harry Souter
Catherine Wetz	Lilian Evans	

Please email updates (both additions and removals) to the prayer list and Year's Mind to: opn@umn.edu

Prayers are asked for hospital chaplains and other clergy, for those fighting the Covid-19 virus, especially those working in the NHS, Social Care and emergency services

In the **Deanery** our prayers are asked for East Exeter (Ss. Sidwell, Mark and Matthew), S. Petrock's and allied ministries, East Exeter (S. Boniface, Holy Trinity), Readers and retired Readers, Heavitree S. Michael and S. Mary Steps, Retired Clergy, Heavitree S. Lawrence and S. Paul

In the **Diocese** our prayers are asked for S. George's Church Baghdad, its clinic, kindergarten, Mother's Union branch and Redeemer School. Trinity Mission Community Exeter, Two Rivers Mission Community (Tawstock etc.), Unlimited Church (Exeter), Upper Culm Mission Community (i.e. Hemyock etc.), West Dartmoor Mission Community (i.e. Yelverton etc.), S. Thomas and Exwick Exeter, Rev. Benedict Loe the new Bishop of Guadalcanal in Melanesia

Elizabeth Hewitt's funeral will be in church
on Friday March 5 at noon

S. Michael's Food Bank Box

The Exeter Food Bank needs in-date donations of the following:
Tinned fruit, Sugar, Coffee, Tinned vegetables,
Sponge puddings, Washing up fluid, Nappies sizes 4, 5, 6

Elizabeth Hughes will take orders for **baked goods** for collection in aid of the church at **Exeter (01392) 259878** as will Stephanie Aplin at stephaniecaplin@yahoo.co.uk

A **Zoom Lent Group on Persecution and the Early Church** will meet from 7 to 8 pm on Thursdays 4, 11, & 18 March.
<https://us02web.zoom.us/j/82630831936?pwd=WTJ2MHV0d25TU0hXWjZoaWlFdTMrdz09>

Meeting ID: 826 3083 1936 Passcode: 841383

Facebook Event Page: [facebook.com/events/242449360762117](https://www.facebook.com/events/242449360762117)