

S. MICHAEL AND ALL ANGELS + MOUNT DINHAM
Sunday 10 January 2021: First Sunday after EPIPHANY

To be added to or removed from the list of recipients
of this Virtual Pugh Sheet please send an e-pistle to
opn@umn.edu

This Sunday (10 January 2021: EPIPHANY I)
there will be MASS at 11 am, celebrated by Fr. Nigel Guthrie
sung by a Cantor, with a sermon by Dr. Howard Friend

At present it has been decided that there will
Mass at 11 am on Sunday 17 January
and Mattins and Mass on Wednesday 20 January
together with services streamed on the church Facebook page:
<https://www.facebook.com/stmichaelsmtdinhamexeter>

There will be a Zoom Meeting of the PCC
on Tuesday evening 12 January at 7.30
to review the Lockdown arrangements

Please do not come to church if you are feeling ill
or are shielding or are vulnerable

Please enter by the South Door & WEAR A MASK, unless exempt

Please sign in and sit where you see one of the white labels.
Please keep 6 feet apart, and use the hand sanitizers
at your going out and your coming in

Licensed Clergy:

Prebendary Nigel Guthrie (Day off: Monday)

nigel.guthrie1@gmail.com

The Revd. Belinda Speed-Andrews: bspeedandrews@gmail.com/

The Revd. Ash Leighton Plom, Curate: aescleal@gmail.com/

www.stmichaelsmountdinham.org.uk

twitter: @StMikes_Exeter

facebook: <https://www.facebook.com/stmichaelsmtdinhamexeter>

Below are details of the music that would have been
sung at Mass, together with details of recordings
for you to enjoy at home

HYMNS:

[Introit: Brightest and best of the Sons of the Morning]
<https://www.youtube.com/watch?v=8Q5A4TctOn0>

[Offertory: O worship the Lord in the beauty of holiness]
<https://www.youtube.com/watch?v=sKeQVK73Ws4>

[Recessional: Songs of thankfulness and praise]
<https://www.youtube.com/watch?v=nkDPUSKa7dM>

Mass Setting: *Plainsong*

[Motet: Guided by a shining star *Keitch*]

PROPER:

Introit Psalm: On a throne exalted I beheld and lo a man sitting,
whom a legion of angels worship singing together: **behold his rule**
and governance endureth to all ages. O be joyful in God all ye
lands: serve the Lord with gladness. Glory be... and to the
Holy Ghost, **As it was... and ever shall be: world without end.**
Amen. On a throne exalted I beheld...

Gradual and Alleluia: Blessed be the Lord even the God of Israel:
which only doeth wondrous things. The mountains also shall
bring peace: **and the little hills righteousness unto the**
people. Alleluia. **Alleluia.** O be joyful in the Lord all ye lands:
serve the Lord with gladness. Alleluia.

Offertory Psalm: O be joyful in the Lord all ye lands: serve the
Lord with gladness and come before his presence with a song: **be**
ye sure that the Lord he is God.

Communion Psalm: Son why hast thou thus dealt with us ?
Behold thy father and I have sought thee sorrowing: **And he said**
unto them How is it that ye sought me ? Wist ye not that I
must be about my Father's business ?

The Angelus is said at the end of Mass

FOR YOUR PRAYERS
THE SICK, VULNERABLE AND UNWELL

Those suffering from Covid-19

DIED RECENTLY: David Barchard, Reginaldus Foster priest

YEAR'S MIND:	Frances Fisk	Amelia Grant
Robert Elliott	Audrey Hewitt	William Brownsell
Nellie Williams	Gertrude Trethewey	Eva Setterfield
Jill Adams	Elizabeth Weeks	Catherine Yates
Robert Harper	Marjorie Pierce	William Page
Anthony Widnall	Sister Rosamund S.E.	

Please email updates (both additions and removals) to the prayer list and Year's Mind to: opn@umn.edu

Prayers are asked for the Samaritans, for hospital chaplains and other clergy, for those fighting the Covid-19 virus, especially those working in the NHS, Social Care and emergency services

In the **Parish Cycle of Prayer** we pray for the Pastoral Visiting Team

In the **Deanery** our prayers are asked for the University Chaplaincy, S. Thomas, Hospital Chaplaincy, Exwick S. Andrew, Retired clergy, S. David with S. Michael (Mount Dinham), Hospice Chaplaincy,

In the **Diocese** our prayers are asked for children in the diocese of Thika especially the Namrata Shah Children's Home, Sid Valley Mission Community, for the City of Exeter, Silverton Mission Community, for the Octave of Prayer for Christian Unity, for Mgr. Jacques Habert the new Bishop of Bayeux-Lisieux, South Dartmoor Mission Community, Stokenham Mission Community

Some people are exempt from wearing masks,
including, for instance, those with impaired hearing.
The full list of exemptions is at the back of church.
Please do not challenge those unable to wear a covering
as this can cause real distress

If you or anyone known to you feels lonely
please contact Fr. Nigel at (01392) 660226
or by e-mail at nigel.guthrie1@gmail.com
or Ash at 07855 305519

The **Parish Magazine** for December and January
is now available in paper form at church and on the web-site

Paper for recycling and **Food Bank donations**
may be left in church at times of services and private prayer

The **Bountiful Table** raised £1,123 during 2020

S. Michael's Food Bank Box

The Exeter Food Bank needs in-date donations of the following:

Tinned meat, Tinned potatoes, Noodle /pasta snacks
Cereal, Biscuits, Sponge puddings,
Rice, Tinned rice puddings, Custard

Jams /spreads, Shampoo & deodorant, Nappies sizes 4, 5, 6

Exeter Food Bank fed over 117 people this past week

IF YOU ARE PLANNING ON PARKING OUTSIDE CHURCH

(and do not have a blue sticker)

PLEASE BE SURE TO COMPLETE A PINK SLIP

(available at the back of the church)

AND PLACE IT BEHIND YOUR WINDSCREEN

**In observance of the Lockdown regulations,
please do not mingle in church after Mass**