

S. MICHAEL AND ALL ANGELS + MOUNT DINHAM
13 December 2020: Advent III

To be added to or removed from the list of recipients of this Virtual Pugh Sheet please send an e-pistle to opn@umn.edu

THIS SUNDAY there will be **MASS at 11 am**, celebrated by Fr. Nigel Guthrie with a sermon by Ian Cartwright

COME BACK at 6 pm this evening (Sunday 13 December) for the **Advent Procession** (with a small choir)

There will also be **Angelus, Matins and Mass** on **Wednesday 16 December at 9.30 am**

There will be Mass next Sunday (20 December) at 11 am, Midnight Mass at 11.30 pm on Christmas Eve at S. Michael's,

a Eucharist on Christmas morning at S. David's (but not at S. Michael's) and Mass for Epiphany at 7.30 pm on Wednesday 6 January

Please do not come to church if you are feeling ill or are shielding or are vulnerable
Please enter by the South Door, WEAR A MASK, unless exempt

Please sign in and sit where you see one of the white labels.

Please keep 6 feet apart, and use the hand sanitizers at your going out and your coming in

Licensed Clergy:

Prebendary Nigel Guthrie (Day off: Monday)
nigel.guthrie1@gmail.com

The Revd. Belinda Speed-Andrews: bspeedandrews@gmail.com/

The Revd. Ash Leighton Plom, Curate: aescleal@gmail.com/
www.stmichaelsmountdinham.org.uk

twitter: @StMikes_Exeter

facebook: <https://www.facebook.com/stmichaelsmtdinhamexeter>

Below are details of the music that will be sung on Sunday morning and the hymns we would have sung, which are for you to enjoy at home

HYMNS:

[Introit: On Jordan's Bank the Baptist's Cry]

<https://www.youtube.com/watch?v=pwKLB-8nAXw>

Offertory: Hills of the North Rejoice

<https://www.youtube.com/watch?v=G5LOPA7EqF0>

[Recessional: O heavenly Word of God on high]

<https://www.youtube.com/watch?v=kwa7lJ0moOI>

Mass Setting: Mass in the Dorian Mode *Cabena*

<https://www.facebook.com/watch/?v=2239339839714566>

Motet: Lo, how a rose e'er blooming *Praetorius*

<https://www.youtube.com/watch?v=g458-jXkbpU>

PROPER:

Introit Psalm: Rejoice ye in the Lord and again I say rejoice ye; let your moderation be known unto all men the Lord is at hand: be careful for nothing nor troubled; but in all things by prayer and supplication with thanksgiving let your requests be made known unto God. And the peace of God which passeth all understanding: shall keep your hearts and minds. Glory be... and to the Holy Ghost, **As it was... and ever shall be: world without end. Amen. Rejoice ye in the Lord...**

Gradual and Alleluia: Shew thyself O Lord thou that sittest upon the Cherubim: **stir up thy strength and come.** Hear O thou Shepherd of Israel: **thou that leadest Joseph like a sheep.** Alleluia. **Alleluia.** Stir up thy strength O Lord: and come and help us. Alleluia.

Offertory Psalm: O Lord thou art become gracious unto thy land; thou hast turned away the captivity of Jacob: **thou hast forgiven the offence of thy people.**

Communion Psalm: Say to them that are of a fearful heart: **Be strong fear not; behold your God will come and save you.**

The Angelus is said at the end of Mass

FOR YOUR PRAYERS

THE SICK, VULNERABLE AND UNWELL

Those suffering from Covid-19

DIED RECENTLY: Philip Richards, Janet Feltham

YEAR'S MIND:	Ellen Margaret West	Richard Dunsford
Jessie Stevens	Dorothy Payne	Nazih Auybi
Lavinia Snow	Marian Jones	George Doble
Richard Holloway	Margaret Cornish	John Hayman

Please email updates (both additions and removals) to the prayer list and Year's Mind to: opn@umn.edu

Prayers are asked for the Samaritans, for hospital chaplains and other clergy, for those fighting the Covid-19 virus, especially those working in the NHS, Social Care and emergency services

In the **Parish Cycle of Prayer** we pray for Calm during Advent and Christmas preparations

In the **Deanery** our prayers are asked for Exwick S. Andrew, Retired clergy, S. David with S. Michael (Mount Dinham), Hospice Chaplaincy, S. James, Exeter Street Pastors, Central Parishes

In the **Diocese** our prayers are asked for Plymstock Mission Community, for an increase in vocations to the religious life and the ordained ministry in Bayeux-Lisieux and for the area around Vire, Raleigh Mission Community (i.e. Otterton etc.), Ss. Andrew & Paul Mission Community (Plymouth), Ss. Bartholomew and Mark Ford Mission Community (Plymouth), for the work of schools this term (with thanksgiving), for those who find Christmas a difficult time, for

migrants and those who help them, for the new Chaplain to Seafarers in Melanesia

Some people are exempt from wearing masks, including, for instance, those with impaired hearing. The full list of exemptions is at the back of church. Please do not challenge those unable to wear a covering as this can cause real distress

If you or anyone known to you feels lonely during the Advent and Christmas seasons, they are welcome to contact Fr. Nigel at (01392) 660226 or by e-mail at nigel.guthrie1@gmail.com or Ash at 07855 305519

The **Parish Magazine** for December and January is now available in paper form at church and on the web-site

Paper for recycling and **Food Bank donations** may be left in church at times of services and private prayer

S. Michael's Food Bank Box

The Exeter Food Bank needs in-date donations of the following:

Tinned meat, Tinned potatoes, Noodle /pasta snacks
Cereal, Biscuits, Sponge puddings,
Rice, Tinned rice puddings, Custard
Jams /spreads, Shampoo & deodorant

After Mass, the **Bountiful Table** will be selling **Christmas cards** depicting **Our Lady** and the **West Window**, thanks to the photographic artistry of Matthew Clark: 50p each: 5 for £2, correct change much appreciated