

S. MICHAEL AND ALL ANGELS + MOUNT DINHAM
Fifth Sunday after Trinity: 12 July 2020: SEA SUNDAY

To be added to or removed from the list of recipients of this Virtual Pugh Sheet please send an e-pistle to opn@umn.edu

These are details of the service we would have used in church this Sunday morning. They are for you to use at home

The Church will be open at 9.30 am for PRIVATE PRAYER on Wednesday 15 July (S. Swithun) followed by LOW MASS at 10 am

Streaming of weekday Offices will continue as before on the Friends of S. Michael's Facebook page <https://www.facebook.com/groups/2227703237/>
Next Sunday (19 July) there will be MASS with a cantor but no choir in Church at 11 am

You are asked to enter by the South Door (as usual) and leave by the Choir Vestry Door, to sit where you see one of the white labels and to use the hand sanitizers at your going out and your coming in.

The loo will be available.

The congregation will be 'socially distanced'.

Holy Communion will be in one kind and will be brought to the people in pews.

Please do not attend church if you are feeling ill or are shielding or vulnerable

Licensed Clergy:

Prebendary Nigel Guthrie (Day off: Monday)

nigel.guthrie1@gmail.com

The Revd. Alison Whiting: rev.alisonwhiting@gmail.com/

The Revd. Belinda Speed-Andrews: bspeedandrews@gmail.com/

Ash Leighton Plom, Licensed Lay Worker: aescleal@gmail.com/

www.stmichaelsmountdinham.org.uk

twitter: @StMikes_Exeter

HYMNS:

Introit: 451 Songs of praise the angels sang
<https://www.youtube.com/watch?v=3YEjffGr2As>

Offertory: 495 God is working his purpose out
<https://www.youtube.com/watch?v=F8EcuV1SOFU>

Recessional: 354 Eternal Father, strong to save
<https://www.youtube.com/watch?v=1KCiMdR1ox0>

Setting: Mass in F *Darke*

Kyrie: <https://www.youtube.com/watch?v=XJ3DrrrEppA>

Sanctus: <https://www.youtube.com/watch?v=WMgXSZ3dlEw>

Agnus Dei: <https://www.youtube.com/watch?v=y9UyKxHoo8w>

Motet: They that go down to the sea in ships *Sumsion*
https://www.youtube.com/watch?v=DAor6_zl36c

PROPER: (sung by Natasha on the S. Michael's Facebook page)

Introit Psalm: Consider O Lord and hear me when I cry unto thee: **be thou my succour O cast me not away, neither forsake me utterly O God of my salvation.** The Lord is my light and my salvation: **whom then shall I fear?** Glory be..and to the Holy Ghost, **As it was... and ever shall be: world without end. Amen.** Consider O Lord... etc.

Gradual and Alleluia: Behold O God our defender: **and look upon thy servants.** O Lord God of hosts: **hear the prayers of thy servants.** Alleluia. **Alleluia.** In thee O Lord have I put my trust let me never be put to confusion: **rid me and deliver me in thy righteousness, bow down thine ear to me make haste to help me. Alleluia.**

Offertory Psalm: I will bless the Lord who hath given me counsel; I have set God **always before me: for he is on my right hand therefore I shall not fall.**

Communion Psalm: One thing I have desired of the Lord which I will require: **even that I may dwell in the house of the Lord all the days of my life.**

FOR YOUR PRAYERS

THE SICK, VULNERABLE AND UNWELL

Fr. David Walford	Sarah Hampshire	Michelle	
Lily	Helen	Bro. Michael Jerome	
Phoebe Goldsworth	Mike	Esmé Down	
Jasmine	Louise	Freddie	
Jamie	Elizabeth Hewitt	John Thompson	
Jon Cannon	Alan Taylor	Roger Clements	
Natasha Goldsworth	Barry Collacott	Barbara James-Gough	
Bow Blaize	Julius Bullo	Ann Watt	Sallie-
Jayne Hewitt	Tatum	Clay	

All suffering from Covid-19

DIED RECENTLY: Anna de Castro Beverton, Martyna, Louise Hughes

YEAR'S MIND:	Florence Turquand	Ivy Chown
Percival London	Ralph Hamilton	Peter Stokes priest
Alice Roach	Betty Badcoe	Dorothy Hooper
David Goodwin		

Please email updates (both additions and removals) to the prayer list and Year's Mind to: opn@umn.edu

Prayers are asked for the Samaritans, for hospital chaplains, especially our curate Alison Whiting now a chaplain at the RD&E, for clergy, for those fighting the Covid-19 virus, especially those working in the NHS, Social Care and emergency services

In the **Parish Cycle of Prayer** we pray for those who go down to the sea in ships, and for flower arrangers and coffee makers

In the **Deanery** our prayers are asked for Hospital Chaplaincy, Exwick S. Andrew, Retired clergy, S. David with S. Michael (Mount Dinham), Hospice Chaplaincy, S. James, Exeter Street Pastors

In the **Diocese** our prayers are asked for the Diocese of Cyprus and the Gulf, the Diocese of Central Solomons its office and shipyard, for the Diocese of Thika, for school chaplains and for Exeter Cathedral School, Shaldon Mission Community, Sherford Church of England Community Church Mission Community (Plymouth), Shirwell Mission Community

Lots to read in the **JULY EDITION** of **NEW LEAVES:**

https://www.stmichaelsmountdinham.org.uk/wp-content/uploads/2020/06/NewLeaves_July20.pdf

From 2 - 3 pm on Tuesday afternoons in July Fr. Nigel will be running a Zoom Study Group on the Psalms:

<https://us02web.zoom.us/j/6602261392?pwd=VzdOaU1XUFBjWk9jV0xvMDZWajZBQT09>
Meeting ID: 660 226 1392; Password: 196651

Ash Leighton Plom is now living in the Curate's House and is a Licensed Lay Worker in the Parish.

He will be ordained Deacon by the Lord Bishop in the Cathedral on Saturday September 12 at 3.30 pm

S. Michael's Food Bank Box

The Exeter Food Bank needs in-date donations of the following items to provide a balanced diet:

- Meat (tinned - especially Fray Bentos pies)
- Nappies, sizes 4, 5 and 6
- Rice 500 g or 1 kg bags
- Jams and spreads
- Sponge Puddings
- Instant Coffee.