

**S. MICHAEL AND ALL ANGELS + MOUNT DINHAM**  
**Sixth Sunday after Trinity: 19 July 2020**

To be added to or removed from the list of recipients of this Virtual Pugh Sheet please send an e-pistle to [opn@umn.edu](mailto:opn@umn.edu)

These are details of the music we would have sung in church this Sunday morning. They are for you to enjoy at home

The Church will be open at 9.30 am for MATINS on Wednesday 22 July followed by LOW MASS at 10 am which may be streamed to the Facebook page: <https://www.facebook.com/groups/2227703237/> Other weekday Offices will be streamed as before on the S. Michael's and S. David's Facebook pages. Next Sunday (26 July) there will again be MASS, in Church at 11 am, with a cantor but no choir.

You are asked to enter by the South Door (as usual) and leave by the Choir Vestry Door, to sit where you see one of the white labels and to use the hand sanitizers at your going out and your coming in. The loo will be available. The congregation will be 'socially distanced'. Holy Communion will be in one kind and will be brought to the people in pews.

Please do not attend church if you are feeling ill or are shielding or vulnerable

**Licensed Clergy:**

Prebendary Nigel Guthrie (Day off: Monday)  
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The Revd. Alison Whiting: [rev.alisonwhiting@gmail.com/](mailto:rev.alisonwhiting@gmail.com/)  
The Revd. Belinda Speed-Andrews: [bspeedandrews@gmail.com/](mailto:bspeedandrews@gmail.com/)

Ash Leighton Plom, Licensed Lay Worker: [aescleal@gmail.com/](mailto:aescleal@gmail.com/)  
[www.stmichaelsmountdinham.org.uk](http://www.stmichaelsmountdinham.org.uk)  
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**HYMNS:**

**Introit: 475** Ye holy angels bright

<https://www.youtube.com/watch?v=fLfc8vxeXck>

**Offertory: 393** Lead us heavenly Father lead us

<https://www.youtube.com/watch?v=6zgFXN1B8no>

**Recessional: 396** Let saints on earth in concert sing

<https://www.youtube.com/watch?v=JzVbVDdSwUA>

**Setting:** Mass for five voices *Byrd*

[https://www.youtube.com/watch?v=1aIOo\\_1rWg4](https://www.youtube.com/watch?v=1aIOo_1rWg4)

**Motet:** Jesu dulcis memoria *Victoria*

<https://www.youtube.com/watch?v=d3WFoq9SUYw>

**PROPER:** (sung by Natasha on the S. Michael's Facebook page)

**Introit Psalm:** The Lord is the strength of his people and a stronghold of salvation to his Anointed One: **O Lord save thine own people and give thy blessing unto thine inheritance; O feed them also and set them up for ever.** Unto Thee will I cry O Lord, my God be not silent unto me: **lest if thou make as though thou hearest not, I become like them that go down into the pit.** Glory be..and to the Holy Ghost, **As it was... and ever shall be: world without end. Amen. The Lord is the strength etc.**

**Gradual and Alleluia:** Turn thee again O Lord at the last: **and be gracious unto thy servants.** Lord thou hast been our refuge: **from one generation to another.** Alleluia. **Alleluia.** O deliver me from mine enemies O God: **defend me from them that rise up against me. Alleluia.**

**Offertory Psalm:** O hold thou my goings in thy paths that my footsteps slip not; incline thine ear unto me and hearken unto my

words: show thy marvellous loving-kindness: thou that art the Saviour of them that put their trust in thee, O Lord.

Communion Psalm: I will offer in his dwelling an oblation with great gladness: I will sing and speak praises unto the Lord

### **FOR YOUR PRAYERS**

#### **THE SICK, VULNERABLE AND UNWELL**

Fr. David Walford	Sarah Hampshire	Michelle
Lily	Helen	Bro. Michael Jerome
Phoebe Goldsworth	Mike	Esmé Down
Jasmine	Louise	Freddie
Jamie	Elizabeth Hewitt	John Thompson
Jon Cannon	Alan Taylor	Natasha Goldsworth
Barry Collacott	Bow Blaize	Julius Bullo
Ann Watt	Sallie-Jayne Hewitt	Barbara James-Gough
Tatum	Clay	All suffering from Covid-19
Roger Clements (with thanksgiving)		

**DIED RECENTLY:** Anna de Castro Beverton, Martyna, Louise Hughes

**YEAR'S MIND:** Leon Northcott Winifred Dean  
Charles Walter Reginald Green Patricia Adamson  
Elizabeth Aggett Joyce Braxton Zane Phillips  
Declan French

**Please email updates (both additions and removals) to the prayer list and Year's Mind to:** [opn@umn.edu](mailto:opn@umn.edu)

**Prayers are asked** for the Samaritans, for hospital chaplains, especially our curate Alison Whiting now a chaplain at the RD&E, for clergy, for those fighting the Covid-19 virus, especially those working in the NHS, Social Care and emergency services

In the **Parish Cycle of Prayer** we pray for all businesses in the Parish

In the **Deanery** our prayers are asked for Central Parishes, Deaf Church, East Exeter (Ss. Sidwell, Mark and Matthew), S. Petrock's and allied ministries, East Exeter (S. Boniface, Holy Trinity), for Readers and retired Readers, Heavitree S. Michael and S. Mary Steps

In the **Diocese** our prayers are asked for businesses that have suffered as result of the pandemic, for Silverton Mission Community, hospital chaplains, especially at Mount Gould Hospital in Plymouth, for the Centre of Theological Studies in Caen and parishes in and around Caen, South Dartmoor Mission Community, South Molton Mission Community, Start Bay Mission Community, Stokenham Mission Community

Lots to read in the **JULY EDITION** of **NEW LEAVES:**

[https://www.stmichaelsmountdinham.org.uk/wp-content/uploads/2020/06/NewLeaves\\_July20.pdf](https://www.stmichaelsmountdinham.org.uk/wp-content/uploads/2020/06/NewLeaves_July20.pdf)

From 2 - 3 pm on Tuesday afternoons in July  
Fr. Nigel will be running a Zoom Study Group on the Psalms:

<https://us02web.zoom.us/j/6602261392?pwd=VzdOaU1XUFBjWk9jV0xvMDZWajZBOT09>  
Meeting ID: 660 226 1392; Password: 196651

Ash Leighton Plom is now living in the Curate's House and is a Licensed Lay Worker in the Parish.  
He will be ordained Deacon by the Lord Bishop in the Cathedral on Saturday September 12 at 3.30 pm

#### **S. Michael's Food Bank Box**

The Exeter Food Bank needs in-date donations of the following items to provide a balanced diet:

- Meat (tinned - especially Fray Bentos pies)
- Nappies, sizes 4, 5 and 6
- Rice 500 g or 1 kg bags
- Jams and spreads
- Sponge Puddings
- Instant Coffee.