

**We are planning to send this "Electronic Pugh Sheet" to regular members of the S. Michael's Congregation until normal services resume.**

**Should you wish to have your name removed from the list of recipients please send a message to [opn@umn.edu](mailto:opn@umn.edu)**

### **S. Michael's Food Bank Box**

The Exeter Food Bank needs in-date donations of the following items to provide a balanced diet for their clients

- Vegetables (tins of peas, carrots, sweetcorn)
  - Potatoes (tinned or powdered)
  - Noodles and Pasta Snacks
  - Pasta Sauce
  - Fish (especially tinned tuna)
  - Loo rolls
  - Milk - 1 litre semi-skimmed
  - Meat (tinned - Fray Bentos pies much appreciated)
- And also Basic Toiletries (tooth paste, tooth brushes etc.)

MUCH THANKS FOR YOUR GENEROSITY

### **IF YOU HAVE PARKED OUTSIDE**

(and do not have a blue sticker)

**PLEASE BE SURE TO COMPLETE A PINK SLIP**

(available at the back of the church)

**AND PLACE IT BEHIND YOUR WINDSCREEN**

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### **Licensed Clergy:**

Prebendary Nigel Guthrie (Day off: Monday)

[rev.guthrie@btinternet.com/](mailto:rev.guthrie@btinternet.com)

The Revd. Alison Whiting

[rev.alisonwhiting@gmail.com/](mailto:rev.alisonwhiting@gmail.com)

The Revd. Belinda Speed-Andrews

[bspeedandrews@gmail.com/](mailto:bspeedandrews@gmail.com)

[www.stmichaelsmountdinhams.org.uk](http://www.stmichaelsmountdinhams.org.uk)

twitter: @StMikes\_Exeter

**S. MICHAEL AND ALL ANGELS + MOUNT DINHAM**  
**Fourth Sunday in Lent: Laetare (Mothering) Sunday**  
**Sunday 22nd March 2020**

**During the prevalence of the Corona Virus (Covid-19) there will be no services, but the church will be OPEN FOR PRIVATE PRAYER on Wednesday mornings from 9.30 to 10.30 and on Sunday morning from 10 to 12 noon.**

**In accordance with medical advice, those who come to pray are asked to keep their distance from one another and to use the antiseptic gel on their hands. The holy water stoup will be kept empty**

**The details of the service given here are what would in easier times have been used in church. They are provided for those who wish to use them at home. The links to music are in the public domain. Attempts, not always successful, have been made to choose recordings with no advertisements**

### **HYMNS:**

**Introit: 86** My song is love unknown:  
<https://www.youtube.com/watch?v=bNN9DBobCdw>

**Offertory: 451** Songs of praise the angels sang:  
<https://www.youtube.com/watch?v=r3bspKul948>

**Recessional: 63** All ye who seek a comfort sure:  
<https://www.youtube.com/watch?v=wSXI3OA-ePU>

**Setting:** Missa super dixit Maria *Hassler*  
*Kyrie:* <https://www.youtube.com/watch?v=c9oyAG1xK10>

*Sanctus:* <https://www.youtube.com/watch?v=5ezZVAoFWrc>  
*Benedictus:* <https://www.youtube.com/watch?v=1NV3QT-SBAE>  
*Agnus Dei:* <https://www.youtube.com/watch?v=5ezZVAoFWrc>

**Motet:** Ave Maria *Parsons*  
<https://www.youtube.com/watch?v=v3pDIz9RLfg>

#### PROPERs:

**Introit Psalm:** Rejoice ye with Jerusalem, and be ye glad for her all ye that delight in her: **exult and sing for joy with her all ye that in sadness mourn for her, that ye may suck and be satisfied with the breasts of her consolations.** I was glad when they said unto me: We will go into the house of the Lord. Glory be .... and to the Holy Ghost. **As it was ... and ever shall be world without end Amen. Rejoice ye with Jerusalem...**

**Gradual and Tract:** I was glad when they said unto me: We will go into the house of the Lord. Peace be within thy walls: and plenteousness within thy palaces. They that put their trust in the Lord shall be even as the mount Syon: which may not be removed, but standeth fast for ever. **The hills stand about Jerusalem: even so standeth the Lord round about his people, from this time forth for evermore.**

**Offertory Psalm:** O praise the Lord for the Lord is gracious, O sing praises unto his Name for it is lovely: whatsoever the Lord pleased, that did he in heaven and in earth.

**Communion Psalm:** Jerusalem is built as a city that is at unity in itself: for thither the tribes go up even the tribes of the Lord, to give thanks unto the Name of the Lord.

### FOR YOUR PRAYERS

#### THE SICK AND UNWELL

Fr. David Walford	Sarah Hampshire	Michelle
Lily	Helen	Bro. Michael Jerome
Phoebe Goldsworth	Mike	Esmé Down
Jasmine	Louise Hughes	Freddie
Jamie	Elizabeth Hewitt	John Thompson
Jon Cannon	Alan Taylor	Roger Clements

Natasha Goldsworth	Martyna	Barry Collacott
Barbara James-Gough	Louise	Bow Blaize
Julius Bullo	Those suffering from	Corvid-19 virus

#### YEAR'S MIND

Eric Rogers, priest	Richard Summers	Alice Mitchell
Reginald Townsend	Constance Potter	Tom Hunt
Eric Brabner	Walter Linscott	

**Please email updates (both additions and removals) to the prayer list and Year's Mind to:** [opn@umn.edu](mailto:opn@umn.edu)

In the **Parish Cycle of Prayer** we pray for the choirs, the organists the instrumental group at S. David's, and church musicians

In the **Deanery** our prayers are asked for S. Petrock's and allied ministries, East Exeter (S. Boniface, Holy Trinity), Readers and retired Readers, Heavitree S. Michael and S. Mary Steps, Retired Clergy, Heavitree S. Lawrence and S. Paul, Celebrate Together

In the **Diocese** our prayers are asked for mothers and the motherless, for Bideford and the Four Villages Mission Community, the Cathedral at Bayeux and churches in the area, Bovey Valley Mission Community, Braunton Mission Community, for hospital chaplains especially at the Royal Devon and Exeter Hospital, for the Diocesan Synod

The Lady Day Mass on Wednesday,  
the Lent group reading Bede's *History* on Thursdays  
The Men's Breakfast on Saturday March 28  
the next Parish Lunch on Thursday 16 April are all **CANCELLED**

The annual revision of the **parish electoral roll** will take place between March 26 and April 5.  
Those wishing to know more should send an e-mail to [opn@umn.edu](mailto:opn@umn.edu) and the message will be forwarded.

A Date for your Diary  
The **Heritage Open Days** will be on **September 12 and 13**  
Offers of help warmly appreciated

The female peregrine falcon in the spire has acquired a new mate.  
Their domestic life may be studied up close and personal at  
<https://www.stmichaelsmountdinham.org.uk/peregrine-falcons/>