

OTHER SERVICES THIS WEEK

Tuesday 24 March: 6 pm Vespers
Wednesday 25 March (Lady Day): 9.30 am Matins
7.30 pm Sung Mass for the Feast of the Annunciation
Thursday 26 March: 6 pm Vespers
Sunday March 29 (Lent V: Passion Sunday): 11 am Sung Mass

S. Michael's Food Bank Box

The Exeter Food Bank needs in-date donations of the following items to provide a balanced diet for their clients

- Vegetables (tins of peas, carrots, sweetcorn)
- Potatoes (tinned or powdered)
- Noodles and Pasta Snacks
- Pasta Sauce
- Fish (especially tinned tuna)
- Loo rolls
- Milk - 1 litre semi-skimmed
- Meat (tinned - Fray Bentos pies much appreciated)
And also Basic Toiletries (tooth paste, tooth brushes etc.)

MUCH THANKS FOR YOUR GENEROSITY

IF YOU HAVE PARKED OUTSIDE THE CHURCH

(and do not have a blue sticker)

PLEASE BE SURE TO COMPLETE A PINK SLIP

(available at the back of the church)

AND PLACE IT BEHIND YOUR WINDSCREEN

Licensed Clergy:

Prebendary Nigel Guthrie (Day off: Monday)

rev.guthrie@btinternet.com/

The Revd. Alison Whiting

rev.alisonwhiting@gmail.com/

The Revd. Belinda Speed-Andrews

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S. MICHAEL AND ALL ANGELS + MOUNT DINHAM Fourth Sunday in Lent: Laetare (Mothering) Sunday Sunday 22nd March 2020: 11 am Sung Mass

WELCOME

A warm welcome to all, especially if you are visiting for the first time. Please make yourself known to the Clergy and stay for refreshments after Mass.

HYMNS:

Introit: 86 My song is love unknown
Offertory: 451 Songs of praise the angels sang
Recessional: 63 All ye who seek a comfort sure

Setting: Missa super dixit Maria *Hassler*
Motet: Ave Maria *Parsons*

The Celebrant and Preacher is Fr. Dominic Cyrus

PROPER:

Introit Psalm: Rejoice ye with Jerusalem, and be ye glad for her all ye that delight in her: **exult and sing for joy with her all ye that in sadness mourn for her, that ye may suck and be satisfied with the breasts of her consolations.** I was glad when they said unto me: **We will go into the house of the Lord.** Glory be and to the Holy Ghost. **As it was ... and ever shall be world without end Amen.** Rejoice ye with Jerusalem...

Gradual and Tract: I was glad when they said unto me: **We will go into the house of the Lord.** Peace be within thy walls: **and plenteousness within thy palaces.** They that put their trust in the Lord shall be even as the mount Syon: which may not be removed, but standeth fast for ever. **The hills stand about Jerusalem: even so standeth the Lord round about his people, from this time forth for evermore.**

Offertory Psalm: O praise the Lord for the Lord is gracious, O sing praises unto his Name for it is lovely: **whatsoever the Lord pleased, that did he in heaven and in earth.**

Communion Psalm: Jerusalem is built as a city that is at unity in itself: **for thither the tribes go up even the tribes of the Lord, to give thanks unto the Name of the Lord.**

The Angelus is sung after Mass

FOR YOUR PRAYERS

THE SICK AND UNWELL

Fr. David Walford	Sarah Hampshire	Michelle
Lily	Helen	Bro. Michael Jerome
Phoebe Goldsworth	Mike	Esmé Down
Jasmine	Louise Hughes	Freddie
Jamie	Elizabeth Hewitt	John Thompson
Jon Cannon	Alan Taylor	Roger Clements
Natasha Goldsworth	Martyna	Barry Collacott
Barbara James-Gough	Louise	Bow Blaize
Julius Bullo		

YEAR'S MIND

Eric Rogers, priest	Richard Summers	Alice Mitchell
Reginald Townsend	Constance Potter	Tom Hunt
Eric Brabner	Walter Linscott	

Please email updates (both additions and removals) to the prayer list and Year's Mind to: opn@umn.edu

In the **Parish Cycle of Prayer** we pray for the choirs, the organists the instrumental group at S. David's, and church musicians

In the **Deanery** our prayers are asked for S. Petrock's and allied ministries, East Exeter (S. Boniface, Holy Trinity), Readers and retired Readers, Heavitree S. Michael and S. Mary Steps, Retired Clergy, Heavitree S. Lawrence and S. Paul, Celebrate Together

In the **Diocese** our prayers are asked for mothers and the motherless, for Bideford and the Four Villages Mission Community, the Cathedral at Bayeux and churches in the area, Bovey Valley Mission Community, Braunton Mission Community, for hospital chaplains especially at the Royal Devon and Exeter Hospital, for the Diocesan Synod

Q. What comes after the Angelus **next Sunday** morning ?

A. All the people who have come to church late because they forgot to **PUT THEIR CLOCKS FORWARD ONE HOUR** overnight

On **Lady Day** (March 25) there will be **Sung Mass** at 7.30 pm

This year's **Lent group** reading Bede's *History* meets at **7 pm** on **Thursdays** March 26, April 2. ALL WELCOME.

The next **Men's Breakfast** is at the Farmers' Union on Saturday **March 28** at 9.30 am

The next **Parish Lunch** at @34 Restaurant, Exeter College is on Thursday **16 April**

Ash Leighton Plom has been appointed **Assistant Curate** in the Benefice of St David with St Michael and all Angels, Exeter. He will be ordained Deacon in the Cathedral on September 12, but will start his ministry as a lay worker here in July. We look forward very much to welcoming Ash and his wife Deborah. Please keep them and their family in your prayers

Exeter Food Bank tells us that S. Michael's has given **127 kilograms** of food in the past **6 months**. That is nearly 20 stone, or the equivalent of two baby elephants

In 2019 John and Monica Darch collected **8.31 tonnes** (over 163 cwt.) of **waste paper**, raising £705.76 for church funds. Thank you for your contributions.

Please continue to recycle paper and thick cardboard

The annual revision of the **parish electoral roll** will take place between March 26 and April 5. Those wishing to know more should see Sue Wilson or Paula Lewis

A Date for your Diary
The **Heritage Open Days** will be on **September 12 and 13**
Offers of help warmly appreciated

The female peregrine falcon in the spire has acquired a new mate. Their domestic life may be studied up close and personal at <https://www.stmichaelsmountdinham.org.uk/peregrine-falcons/>

During the prevalence of the Corona Virus (Covid-19) Holy Communion will be in one kind only and in the hand