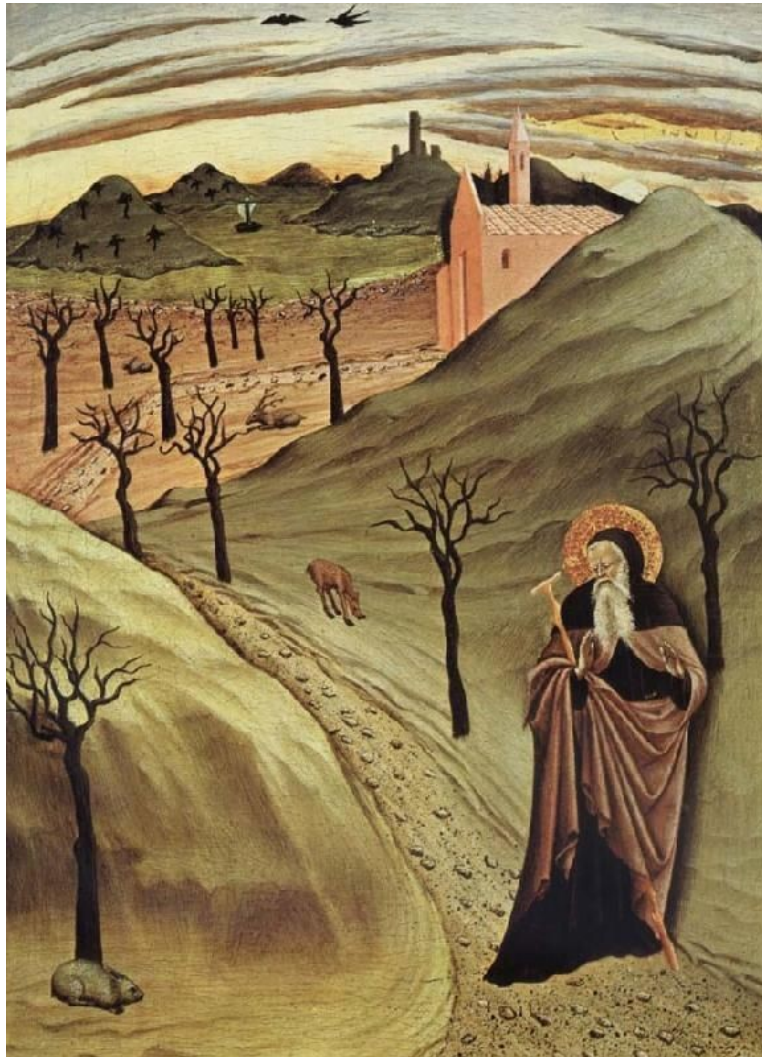


# How Do You Find Singleness of Mind ?

## One Man's Answer, One Man's Life

Antony the Great was the first Christian hermit.  
He was born about 251 A.D. and died about 359,  
which suggests he was doing at least something right.  
His uncommon common sense has been an inspiration ever since,  
largely thanks to the biography written shortly after his death.



A group will be meeting during Lent to discuss the *Life of Antony*  
at St Michael's, Mount Dinham  
(the church with the high spire near the Iron Bridge)  
on 5 Wednesday evenings from 7 to 8 p.m. starting on February 21st.

**ALL ARE WELCOME**