

Parish of St. David with St. Michael Directory 2015

Vicar	Tom Honey	686 000 & 07837 867 680
Assistant Curate	~	~
Parish Missioner	Simon Harrison	07824 456 938
Churchwarden	Avril Pattinson	860 880
“	Dave Allin	~
Reader	Bill Pattinson	860 880
PCC Secretary	Mary Kirkland	980 660
Parish Treasurer	Adrian Hewitt	437 313
Electoral Roll Officer	Jeremy Lawford	214 025
Thika Link	Kate Bray	877 162

St. David's www.stdavidschurchexeter.org.uk

Treasurer	Barbara Allin	270 162
Asst. Treasurer	Geoff Crockett	468 073
Choir	Nigel Walsh	273 237
News Sheet	Helena Walker	notices@stdavidschurchexeter.org.uk
Toddler Group	Julia Spruntulis	270 986
Junior Church	Bill Pattinson	860 880
Servers	Christopher Smith	259 469
Church Bookings	Mary Quest	07792 062 403
Readers & Time of Prayer Rota	Avril Pattinson	860 880

St Michael's www.stmichaelsmountdinhams.org.uk

Hon Asst Priest	~	~
Hon Asst Priest	David Hastings	498 233
Chapel Warden	Richard Parker	~
Chapel Warden	George Hexter	469 479
Treasurer	Adrian Hewitt	437 313
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Magazine

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Reader Ministry Reviewed

“Reader ministry is, almost by definition, collaborative, because, with a few exceptions, Readers minister alongside their incumbent - and often alongside other members of a ministry team, which will include people who are both lay and ordained. In order for this relationship to work, it is important that wherever possible the incumbent, the PCC, and ideally the congregation as a whole, are supportive of the Reader’s vocation and ministry within the church.”

The above quote comes from Cathy Rowling and Paula Gooder’s excellent 2009 book, “Reader Ministry Explored.” It is now almost three years since I was first licensed as a Reader in October 2012 at the cathedral. I am so obliged to re-apply for my licence but only with the support of Tom, as incumbent, and of yourselves, as the congregation, through the workings of the PCC. So if you have any concerns about my ministry, please speak to one of your PCC representatives. I am also obliged to review my ministry, sending a report to the Diocese. Obviously this review will mean talking with Tom, but I would appreciate any comments members of the congregation might offer. Please talk with me, if you wish, concerning my ministry, which I will explore and review for you in this article.

I have been inspired and privileged in my ministry through preaching, deaconing at the Eucharist, leading morning and evening prayer, pastoral visiting, involvement in adult confirmation lessons and in the planning and delivery of Lent courses. I have over the last two years

shadowed Tom and Ian Cartwright in preparing and taking funerals and have recently been licensed by the bishop to take funerals myself. I co-ordinate Junior Church, setting up the rota for the leaders and their supporters, ensuring also good, safe practice. I have been present for two or three Home Communion, but I don’t practice this ministry regularly. I am a member of the Staff Team, which meets approximately every six weeks.



I am strongly supported by Tom with whom I meet for supervision three or four times a year. I also meet with my colleague Readers who were trained in the same year. This happens two or three times each year and it is always valuable to hear what is happening in other Parishes. Christopher Futer, Archdeacon of Exeter and Diocesan Warden of Readers, has recently offered the opportunity for Readers to continue training in the three years following their full licensing. This involves four or five sessions each year, usually of a day or half a day long, of a spiritually uplifting nature.

It's very easy to become "busy" in my ministry, forgetting to include my own time for prayer, reflection and spiritual development. I still feel a novice in finding time to get to know God better and furthering my own spiritual formation. For sure, the role continues to be immensely fulfilling and I feel my faith has developed. I thank God that he has called me to be a Reader in this Parish and feel so privileged to work for God in this way. In February 2010, Diana Draisey wrote an article in New Leaves concerning her own role as Reader and finished by encouraging others to "give it a try." I responded, met with Diana, and gave it a try. Thank you, Diana. God bless you. If anyone else wants to "give it a try", I will be very happy to meet with them.

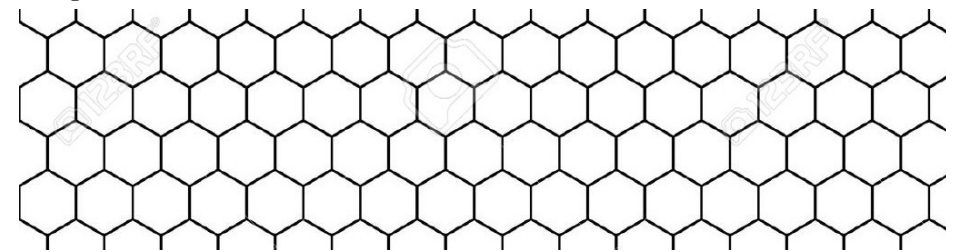
Bill Pattinson

St David's Eucharist June		
Sunday 7th June : Trinity 1		
Reading 1	Genesis 3: 8-15	Keith Postlethwaite
Reading 2	2 Corinthians 4: 13-5:1	Helena Walker
Gospel	Mark 3: 20-35	
Time of prayer		Bill Pattinson
Junior Church Susan Mitchell		
Sunday 14th June : Trinity 2		
Reading 1	Ezekiel 17: 22-24	Karen Facey
Reading 2	2 Corinthians 5: 6-10,14-17	Gina Redman
Gospel	Mark 4: 26-34	
Time of prayer		Jeanie Honey
Junior Church Helen Sail		
Sunday 21st June : Family Service Trinity 3		
Reading 1	~	
Reading 2	~	
Gospel		
Time of prayer		
No Junior Church		
Sunday 28th June : Trinity 4		
Reading 1	Wisdom 1: 13-15 and 2: 23-24	Philip Walker
Reading 2	2 Corinthians 8: 7-15	Hilary Todd
Gospel	Mark 5: 21-43	
Time of prayer		Hilary Frances
Junior Church Sarah Harrison		
Sunday 5th July : Trinity 5		
Reading 1	Ezekiel 2: 1-5	Mary Kirkland
Reading 2	2 Corinthians 12: 2-10	Ann Watts
Gospel	Mark 6: 1-13	
Time of prayer		Alistair Macintosh
Junior Church Susan Mitchell		

Thoughts for June from St Michael and all Angels

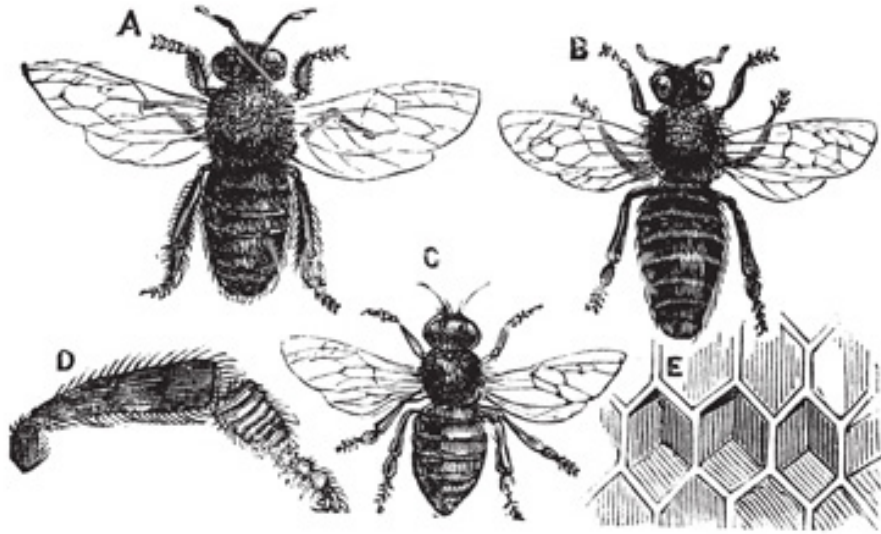
The Gospel reading for the third Sunday of Easter, Luke 24:36-48, told us of Jesus appearing to the disciples and eating with them. According to the King James Version, Jesus ate 'a piece of a broiled fish, and of a honeycomb'. The honeycomb is omitted from the RSV and the NEB. I recalled that John the Baptist, according to Matthew and Mark, ate locusts and wild honey, but the reference to wild honey is omitted in Luke and John. Apparently quite a lot gets lost in translation, especially in the interpretation of holiday notices and menus in foreign countries. Gerald Hoffnung, among others, amused us some time back with translations of such letters and notices. I would sometimes like to offer an interpretation service to restaurants in Europe where menus are directly translated, but not refined. However, it is not only in the amusing moments of reading that these errors occur; in serious theological writings editors may find the original texts too complicated or obscure for more modern readers. The original texts may conflict with contemporary understanding and may be adapted or even excised, often to make doctrinal points. Cultures change, and sometimes more explanation is needed. It is useful to remember that the Biblical shepherd walked ahead of his sheep and they followed, because they 'know his voice'. Shepherds in remote Spanish villages still lead their sheep, and have herds of sheep and goats together. A gentle shepherd leads the flock, according to Isaiah, (40:11) so the followers of God will be recompensed. The Song in Handel's 'Messiah' illustrates this.

There were some serious attempts to suggest that the locusts that formed part of John the Baptist's diet were in fact locust beans, and not the creatures that could devastate a green field or a harvest in minutes, but the beans lost the battle. Some rough justice, then, if John could devour the creatures along with the wild honey. There are films of daring hunters of wild honey in India; they swing out on vines and ropes to take honey from the bees on the sides of mountains where the bees have hives. There is no protective clothing and the stings can be extremely dangerous.



The comments in the sermon led me along a path of considering the bees and their role; they are mentioned in the Exsultet sung by the Cantor on Holy Saturday: they give us wax to burn in the candles for light, and so participate in reminding us of Christ, the Light of the World.

Bees build honeycomb, a strong hexagonal form, perfected long before we understood geometrical usage; a Dutch writer, Bernard Mandeville, in his book 'The Fable of the Bees', published in the 18th century, set people agog because he suggested that ultimately bees relied on self-interest rather than virtue for progress, and that this could be a model for human life. (See an article 'Plan Bee' in The Spectator of 2nd May 2015). The co-operation displayed in the 'waggle dance' of the bees develops quadratically in relation to the individual bee's enthusiasm for the source of pollen. Other bees will inspect the source and return to the hive, to establish a consensus. Many years ago, an American



evangelical group made a film about the life of bees and identified the ‘waggle dance’ and other previously unknown bee activities. The Garden show in Malvern last month had a bee-friendly garden on display, with pollen-rich plants, hexagonal beds and other attractions, for without the activity of bees, it is estimated that we could not survive very long without fruit, vegetables, flowers and other crops. Animals would be without fodder and our decline would be quite rapid. There has been some concern that bees are not in great evidence on dandelions at present. The description of a desirable habitat is that it is ‘flowing with milk and honey’, which means, to my mind, that there is an abundance of food and water: the livestock can be fed and thus provide milk and by-products; the cattle are fertile, for a cow is only in milk if there has been a calf born. Plants can only grow if they are fertilised; this happens because there are bees, and therefore there is honey, a universal sweetener and healer. The honeycomb is a symbol of God’s provision: it is strong, it depends on co-operation, it is a source of sweetness and light. Samson used the image of the hidden sweetness in his riddle ‘Out

of the eater came something to eat. Out of the strong came something sweet.’ (NRSV) It is included in the story of Samson’s disappointing marriage; we may not clearly recollect the setting of the story, but the riddle is probably familiar, phrased more traditionally.

The Gospel writers remind us in the post-Resurrection appearances that Jesus frequently asks for, provides or blesses food, which he then eats with the disciples, underlining the need for both physical and spiritual sustenance. He is no phantasm, no ghost, fading into ethereal nothingness. Jesus is robust in his teachings and in his insistence that his presence is with us as it was with the disciples. Without His instructions to ‘Eat this bread’ and ‘Drink this wine’ our fellowship in Christ would be much diminished. ‘Taste and see how gracious the Lord is.’ The Gospels frequently tell of Our Lord in social situations, eating and drinking – and upsetting the Pharisees by his socialising with all manner of people.

Our peregrine babies are fed with whatever the parent birds catch and stuff into their open beaks; little finesse there! It looks as if two have hatched, with one egg still being moved around in the scrape and the other missing. If you can, do view the website and watch these fascinating raptors.

The summer leads us into a few social events here. Voces8 will be singing, a group that makes spreading the use of music with young people a vital part of growing up. The Selwyn Choir is touring and will visit us. We have other activities too. Again, please look at the website (www.stmichaelsmountdinham.org.uk) to find out what is happening and come and join us for some events.

Stephanie Aplin

Socialevents **connected** with St. Michael's

Saturday, June 13th **BBQ**

to raise funds for the choir

The Meade, Sanctuary Lane, EX5 1EX

1pm start

Tickets £10

obtainable from Chris Heaven (07762 416847) / Lis Robins

Saturday, July 11th **Pilgrimage to Glastonbury**

Depart from St. Mike's at 9:30am

Home by 6:30pm

Full details on website

www.stmichaelsmountdinham.org.uk

Saturday, September 26th **Michaelmas Supper Dance**

Mill on the Exe

7:30pm

Further details about ticket price etc to follow.

Saturday, October 24th **Horse Race Night**

City Gate..... further details to follow

Sunday, November 29th **St. Michael's Christmas Lunch**

The Digger's Rest,

Woodbury Salterton

1pm onwards

Tickets and cost to be announced



St. David's Singers Present

AN EVENING OF MUSIC, SONG AND POETRY

Saturday 6th June at 7 p.m.

at St. David's Church
(opposite Exeter College)

Tickets £7 to include a glass of wine
available at the Church or on the door

all proceeds in aid of the
Church transformation fund



image cc-by-sa/2.0
© Bill Boaden

* Refreshments * Hot & Cold Food * Hot Dogs * Ice creams

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St David's Church Summer Fete



Saturday 4th July

11.30am-2.30pm

Fun family event

Children's fancy dress competition

All welcome *Free entry*

Come rain or shine

Find us opposite Exeter College

Joining us this year

Crafters Hospiscare Devon Wildlife Trust
Blood Bikers Traidcraft and more.....

Hele Road Exeter EX4 4HR www.stdavidschurchexeter.org.uk
events@stdavidschurchexeter.org.uk

Heritage & Music

at St Michael's, Mount Dinham

By the time this Magazine is published, we hope that the 2 Peregrine chicks which hatched either side of May Day, Saints Philip & James day, will be well on the way to fledging. Watch them online.



Whereas May had Rogation, Ascension, Pentecost, and Trinity, June has a host of interesting lesser days. There's also the brilliant VOCES8 visit (Lunch & Workshop and/or Recital options available) and a Lecture, so we look forward to seeing you at St Michael's.

On Tuesdays and Thursdays, Plainsong Vespers & Meditation take place at 6pm, though on Thurs 11th June there will be a CBS Mass for St Barnabas day.

Thurs 4th June, Corpus Christi, 7.30pm; Sung Mass with procession of the Blessed Sacrament around Mount Dinham. Setting: Tallis 'Dorian' Mass. Anthem: Byrd 'Ave verum corpus'.



The Feast of Corpus Christi was first celebrated in Liège, Belgium, in 1246 after some 40 years of lobbying by St Juliana who longed for a feast day outside of Lent in honour of the Blessed Sacrament. It was adopted for the whole Roman church in 1264. Scholars now recognize Juliana as author and composer of an initial sung version of the Latin office. St Thomas Aquinas formalised the Office for Pope Urban IV,

leading both to theological developments in doctrine and to growth in his spiritual devotion.

Fri 5th – St Boniface, born c.675 in Crediton (possibly), studied in Exeter, worked as missionary and bishop in what is now northern Germany, martyred in 754 at Dokkum in the Netherlands, and buried in Fulda, which St Michael's Choir visited in August 2012, where a splendid baroque cathedral now covers his shrine.

Sun 7th June Trinity I, 10.45am; Sung Mass.

Setting: John Merbecke's Booke of Common Praier Noted (1550).

Anthem: Our conversation is in heaven, by Exeter born Walter Bond Gilbert.

Sun 7th June 6pm Evensong & Benediction – Reading Responses, Psalm 37 vv11-17, Canticles – Stanford in G, with the soaring Treble solo in the Magnificat and sonorous Baritone in the Nunc Dimittis. Anthem - Viadana 'Exultate Justi'. Plainsong Hymns.

Thursday 11th June 6pm, CBS Mass for St Barnabas Day. Although not one of the original Twelve, Barnabas is named an Apostle by virtue of his work with St Paul and then with John Mark in the missionary journeys recorded in Acts spreading the Gospel across the Mediterranean from Jerusalem to Rome. Tradition has it he founded the (Cypriot Orthodox) Church in Cyprus, and, less likely, that his brother Aristobulus was the first Bishop of Roman Britain, possibly at Glastonbury.



Sun 14th June Trinity II, 10.45; Sung Mass. Setting: Leighton in D. Anthem: Howells 'Mine eyes for beauty pine'.

Monday 15th June at 7.30pm – Salzburg Connections, a Concert of early-Classical sacred choral music accompanied by instrumentalists.

There was a remarkable conjunction of young musical talent in Salzburg in the 1760s. This concert features lively, elegant music by three composers who probably knew each other - Michael Haydn, Wolfgang Amadeus Mozart and the lesser-known Bonifaz Stöckl.

Tues 16th – St Richard of Chichester, 1253, famous for the Prayer *“Thanks be to Thee, my Lord Jesus Christ, For all the benefits Thou hast given me, For all the pains and insults Thou hast borne for me. O most merciful Redeemer, friend and brother, May I know Thee more clearly, Love Thee more dearly, Follow Thee more nearly”* (day by day) - itself better known in the 1970s as one of the songs from Stephen Schwartz’s musical Godspell.

Friday 19th June, VOCES8 at St Michael’s.

1pm-4pm; Buffet Lunch & Choral Workshop with Voces8,

Tickets £10 (£8 conc), please book this in advance (online or contact Alex West) to help with catering and planning.

7.30pm; Recital by Voces8; hear these brilliant and versatile singers performing. Tickets £15 (£12 conc) on the door or online, see website. (£3 reduction for both events). They really are exceptional - don’t miss it!

Sat 20th June at 4.45pm in St John’s Church, Newton Road, Bovey Tracey, TQ13 9BD, the Choir is pleased to be singing Choral Evensong with the Exeter Branch of the Prayer Book Society.

Sun 21st June, Music Sunday, 10.45am; Mass Setting - Missa “Ego flos campi” by Juan Gutiérrez de Padilla (ca. 1590-1664), a Spanish composer in what is modern Mexico. Anthem - Lauda Jerusalem by Monteverdi (1567-1643).

Wed 24th June 7.30pm St Michael’s Lecture Speaker to be announced.

Sun 28th June, Trinity IV 10.45am; Sung Mass. Setting - Lotti ‘Missa brevis’. Anthem - Harris ‘Holy is the true light’.

Monday 29th June – 7.30pm at St Michael’s, a Concert by the Selwyn College Consort from Cambridge.

This day is also the anniversary (year’s mind) of the tragic death of Revd Dr John Hughes.

An early note that on **Sunday 5th July at 5pm**, the Choir of St Michael’s has been invited to sing Evensong at St Martin’s Church in Exeter Cathedral Close as they celebrated the 950th Anniversary of this ancient city centre place of worship, now cared for by the Churches Conservation Trust. Please join us. Note: this will replace our normal 1st Sunday Evensong & Benediction.

Please see <http://www.stmichaelsmountdinhams.org.uk/events/> and view the nest box camera on the Peregrine page. Also https://twitter.com/StMikes_Exeter for latest news.



SALZBURG CONNECTIONS

EXETER CHORALE directed by Dr Nigel Browne

Michael Haydn:

Three Motets

#

W A Mozart:

Ave Verum Corpus

Alma Dei Creatoris



Bonifaz Stöckl of Mallersdorf, Bavaria
Mass in E flat

**St Michael & All Angels Church,
Mount Dinham, Exeter
Monday 15th June, 7.30pm**

also

**St Nicholas Methodist Church, Topsham
Thursday 18th June, 7.30pm**

Admission £8, Conc., students £6, children free (including refreshments)

<http://www.stmichaelsmountdinham.org.uk/events/>

*Recitals @ St Michael's
Spring season 2015*

Friday 19th June

Voces8

Internationally-renowned vocal chamber ensemble

7:30pm

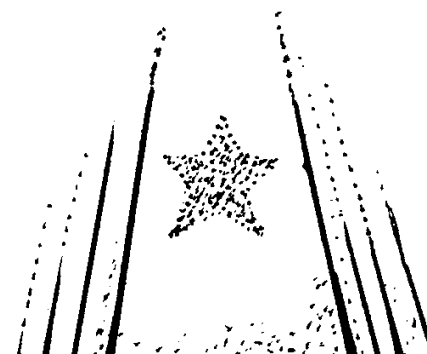
at

St Michael & All Angels, Dinham Rd,

Mount Dinham, Exeter EX4 4EB

Individual & season tickets available online via:

www.stmichaelsmountdinham.org.uk/music/recitals/



A prayer written by Ada aged 8 for the Family Service in May 2015

Dear God,

Let our hands work till they are stiff.

Let our dreams guide us through problems.

Let our eyes close and let our dreams come shooting in
like stars.

Please send our dreams to show us how we can make
things better.

Please let our hands write the stories of those who need
help.

These are the hands that show love and care, give money
and gifts, cook good food,
hold babies and the hands of children, and help the old
people.

These are Jesus' hands that got nailed on the cross.

Amen



St Thomas Methodist Church



Adult Literacy and Numeracy Club

Volunteer tutors needed!

The Adult Literacy and Numeracy (ALaN) Club gives clients referred voluntarily from JobCentrePlus and other agencies an opportunity to improve their reading, writing and numeracy skills, before they are ready for accredited courses.

Training, resources, and 'safeguarding' guidance supplied. Volunteers commit to 12-weeks. Thursdays, 2-4pm, Mint Methodist Church Centre, Fore Street, Exeter.

Terms: 7 May-25 Jul, 10 Sep-26 Nov 2015, 14 Jan-31 Mar 2016.

Please contact Esther:
alanclubstthomas@gmail.com

07929 909 350

Devon Home Library Service - bringing books and more to people in their homes

The Devon Home Library Service works in partnership with the WRVS (Women's Royal Voluntary Service). It aims to provide library books, (including audio books on CD, and large print books) to those people in the community who through ill health or disability can no longer visit the library.

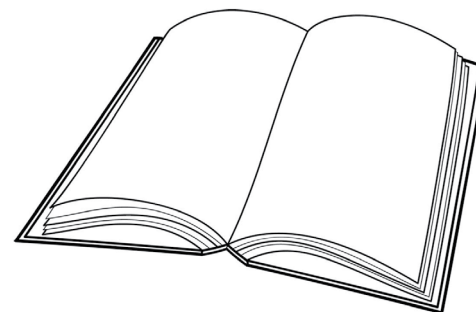
After discussing with the clients the sort of books they like, (eg romantic fiction, travel books, particular authors), WRVS volunteers choose books for their clients which they deliver to them from once a fortnight to once every six weeks, depending on the needs of the client, at a mutually convenient time. There is **no charge** for the service and there are **no fines** on books!! Clients may keep the books for as long as needed and may order books they particularly want to read.

Large print books, cassette tapes and audio CDs as well as ordinary print books are available. Some clients prefer non fiction such as biography and travel books, other prefer romantic novels or murder mysteries!

For those people who love reading or just browsing through books, but are confined to their home, this service offers a chance to have access to the library as well as a visit from a friendly face on a regular basis. Often clients and volunteers make lasting friends so there is satisfaction on both sides.

We really want to promote and extend the service to reach as many people as possible!

If you would like to use the service, or know of someone who would, please contact Julia on 01392 757725 or email crichton-smith9@hotmail.co.uk



Exeter Library

Exeter Central Library run several groups on a variety of topics.

Please use this link for more information

www.devon.gov.uk/index/cultureheritage/libraries/yourlocal-library/exeter_libraries/exeter_central_library/events_at_exeter_central.htm

Here are a few examples of what's on offer.

Woolly Wonders Knitting Group

Date: Every month - Tuesdays

Time: 14.00 - 15.30

Description: Knitting is being touted as "The new Yoga". It can help to relieve stress and take your mind off your aches and pains, as well as keeping your mind active and reducing the risk of memory loss. All this and the added bonus of enjoying the company of other knitters.

Audience: Everyone welcome

Cost: Free

Bookings: Drop in - no need to book

.....

Exeter Audio Book Group

Date: Once a month meeting

Time: 10:00 - 11:30

Description: A new reading group for blind and visually impaired people being launched at Exeter Central Library, The Hoskins Room Castle Street. This is a chance to get together and discuss and recommend books in large print or audio format.

Audience: Blind and Visually Impaired people with or without helpers including guide dogs.

Cost: Free

Bookings: Just turn up

Organiser: Ask for Liz Cordin 01392 384 209

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IT Drop -in Sessions

Date: Every Wednesday

Time: 14:00 - 16:00 (from 5th November 2014)

Description: We can help you with: how to set up an email account and how to open and send attachments. How to use a scanner. How to upload photos to your computer. How to find what you want on the web. How to use social housing sites. How to use Ebay. How to book things online. How to use ereaders and ebooks.

Audience: Anyone who would like help sorting out their basic computer needs.

Cost: Free

Bookings: Just drop in

Organiser: Mike Mills & James Knight 01392 384 209



For 1-2-1 IT tuition we offer a waiting list.

Southernhay Child Contact Centre Exeter

*“... suddenly the boys came running to me .. both shouting ‘Daddy!
Daddy! Big hugs for each one”*

*“It was like a rugby scrum only for once I was crying. They had not
forgotten me.”*

We all know the statistics. There were nearly 1000 divorces in Devon in 2012. Most people will know someone who has had experience of the break-up of a marriage or partnership. With these break-ups often come problems for parents and children who no longer see each other. The trauma of separation can make healing almost impossible.

In Exeter, we're lucky because the city has the Southernhay Child Contact Centre. This is a safe and friendly place where an absent parent can see his or her children on neutral territory, and children can spend time with their brothers and sisters if they don't all live together anymore.

Southernhay Child Contact Centre is accredited by NACCC (National Association of Child Contact Centres). About 14 families currently use the Centre on Saturdays. Volunteer staff support the service. They don't supervise the contact sessions or spend time with the children but they do ensure that the Centre is a safe and welcoming place for everyone. The number of people who can use the Centre depends on the number of volunteers available to attend the sessions.

The Child Contact Centre exists to give an absent parent an opportunity to spend time with his or her child or children. There's no charge to use the Centre. Families can refer themselves, or the court or social services might order the access solution. There are lots of toys and books for children of all ages, and these often help a parent to reconnect with their child after what sometimes can be a long absence. And a child knows finally they've not been abandoned, that they are loved.

It is so important that children keep in touch with their absent parent. Frequently there has been a long (to a child a very long) break since seeing a parent. It is so rewarding and moving when the child rushes to their parent, and has not forgotten him/her.

And then the healing process can begin, a child becoming much more confident in themselves, lessening the trauma of separation, knowing they have not been abandoned.

If you would like to find out more and are prepared to offer a helping hand on either a Saturday morning or afternoon once a month do please contact the centre for further information, please email southernhaycontact@gmail.com or call 07775 158 808. 'An enhanced DBS check will be requested in the event of an individual being offered a voluntary position.'

All enquiries welcome.

Held at: **Southernhay Church, Southernhay East, Exeter EX1 1QD**

The Soup Kitchen at St. David's

As many of you will know, Thursday evening is the time we receive a number of homeless folk at St. David's and provide soup and refreshments to sustain them through the cold nights.

They need warm clothing and shoes, so if you have fleeces, sweaters, coats, jeans, or trousers you would like to pass on, they will be gratefully received.

We also like to have paperbacks they can take to read, so if you are parting with books please think of leaving them with us.

Thank you.

Contact Mary on:- 07872 626 168 if you need to leave donated goods



every Wednesday
Exeter Community Centre
17 St Davids Hill
Exeter

Affordable Community Acupuncture

£15 - £30 per treatment session
pay what you feel you can afford

We are a friendly team of qualified acupuncturists
offering treatment for pain and many other
conditions to help improve your quality of life

contact us to find out more about how acupuncture could help you

www.peoplesacupunctureproject.com
07834 160906 or 07910 453794

St. Sidwell's Church of England Primary School and Nursery

York Road, Exeter, EX4 6PG

Headteacher: Mrs. Anne Hood

Tel: 01392 255551 Website: www.st-sidwells-ce.devon.sch.uk



For children aged 3 to 11 years

Come and visit our successful school
which includes a purpose built Nursery/Foundation Stage
Breakfast and After School Clubs available

We have a long-standing tradition of high quality education
within a caring, Christian ethos.

"St Sidwell's is a good school where teaching is good and pupils' achievement is high"

"An outstanding feature of the school is the care, guidance and support it gives pupils."

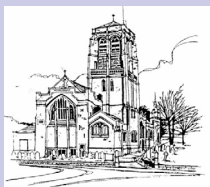
"The personal development of pupils is also outstanding."

"Spiritual development is excellent." "Behaviour is exemplary."

St
David's
Church

Queens
Terrace,
Exeter

Toddler Group



£ 1 for
your first
child and
then 50p

- *Free play*
- *Craft activities*
- *Healthy snacks*
- *Singing together*

for your little ones

A drink and a chat - Support for you

Join us in the Parish Rooms on

Thursday mornings

10.00 until 12.00

(every week - except August)

*You are very welcome to drop in and
meet us
or*

you can contact us:

Julia on 07729068567

Toddlers@stdavidschurchexeter.org.uk

Barbara's Edible Stall



Please keep bringing and buying.
We need you!

NEXT DATE:

SUNDAY 21st June

Many thanks.

Read any good books lately?

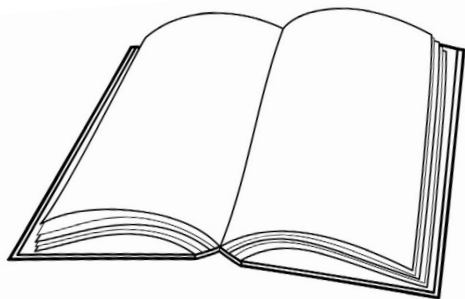
We would like to introduce a review section to our magazine and invite all you readers, film goers, music fans to write a short recommendation of something that you have seen or heard recently and really enjoyed.

It can be on any subject, not necessarily religious although we would especially welcome those.

It's just a way of sharing and enjoying things together and fostering our feelings of community.

Go on -be brave! All you need to do is to include the author, composer or performer and a short piece about it and why you enjoyed it.

Books, CDs DVDs Films.

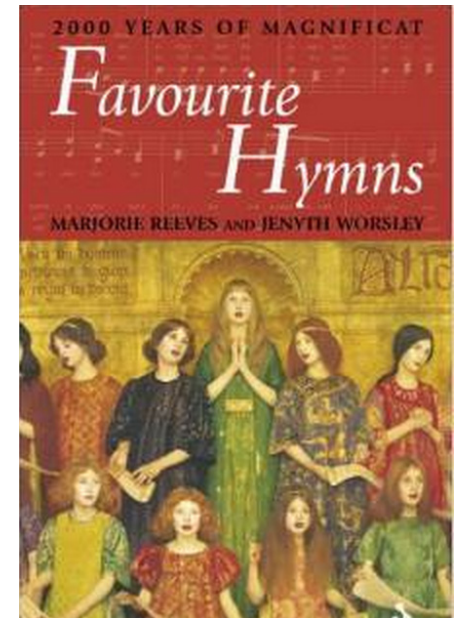


Book Review – Favourite Hymns

As a life-long hymn-singer, I've enjoyed dipping into a delightful little book, "Favourite Hymns" by Marjorie Reeves and Jenyth Worsley, subtitled "2000 years of Magnificat" and published in 2001 by Continuum. I had known Dr Reeves back in 1980 and got the book quite cheaply from Postscript Books (<http://www.psbooks.co.uk/>).

Reeves (1905-2003), an Oxford historian, and Worsley, a BBC producer, give a thorough introduction to the heritage and use of "Psalms, Hymns and Spiritual Songs" in worship. Mention of the Septuagint, St Jerome, John Knox and Boney M gives an idea of the scope of their survey.

Thereafter they wear their scholarship more lightly. Informative history notes and a pen portrait of the author accompany each of their 80-odd hymn choices, making it ideal for dipping into. Nearly half the hymns have a tune printed too. Arranged chronologically, they can also be read as a brief but comprehensive commentary on the history of western European Christianity and the development of its sacred songs.



As most of the hymns were familiar to me, the delight was in learning more about “old friends” and digesting the historical sweep of two millennia in little bites – comfort reading, I suppose. But for those new to this treasury because of the abandoning of hymn singing in many schools or the ubiquity of bland worship songs in some churches, this would be a good introduction to a whole 2000 years of Christian song.

As with any anthology, there were a few of my favourites missing, e.g. Dear Lord and Father of Mankind, but they do cover the whole range from the earliest Greek ones rediscovered by Victorian translators, through medieval and Reformation classics to examples from the Iona and Taizé communities, though no Kendrick!

Richard Barnes

Where to find St David's Church online

Website

www.stdavidschurchexeter.org.uk

Twitter



@StDavids_Exeter

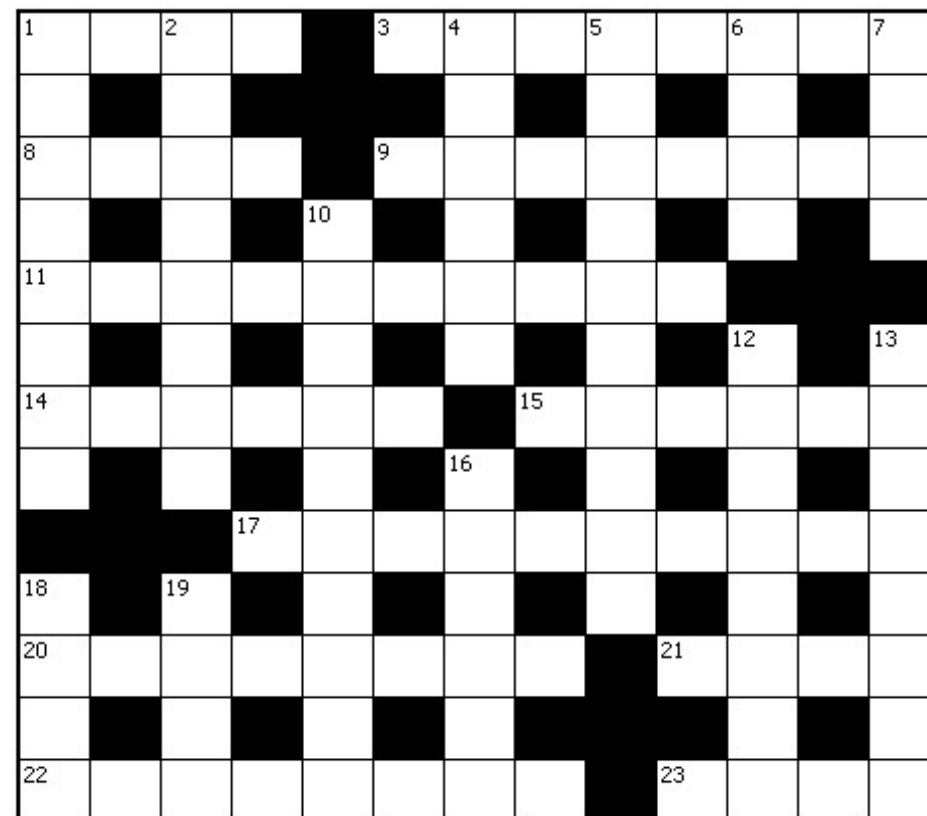
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St David's Church Exeter

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June crossword



Across:

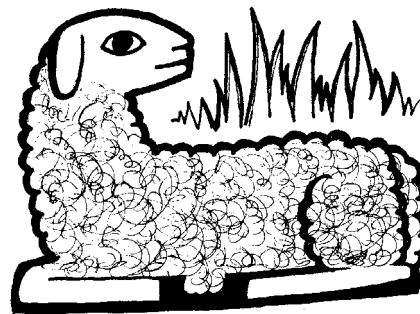
- 1 See 23 Across
- 3 Where the thief on the cross was told he would be, with Jesus (Luke 23:43) (8)
- 8 Invalid (4)
- 9 Blasphemed (Ezekiel 36:20) (8)
- 11 Adhering to the letter of the law rather than its spirit (Philippians 3:6) (10)
- 14 Shut (Ecclesiastes 12:4) (6)
- 15 'This is how it will be with anyone who — up things for himself but is not rich towards God' (Luke 12:21) (6)

- 17 Mary on Isis (anag.) (10)
- 20 Agreement (Hebrews 9:15) (8)
- 21 Native of, say, Bangkok (4)
- 22 Deaf fort (anag.) (5-3)
- 23 and 1 Across 'The Lord God took the man and put him in the Garden of — to work it and take — of it' (Genesis 2:15) (4,4)

Down:

- 1 Struggle between opposing forces (Habakkuk 1:3) (8)
- 2 James defined this as 'looking after orphans and widows in their distress and keeping oneself from being polluted by the world' (James 1:27) (8)
- 4 'The one I kiss is the man; — him' (Matthew 26:48) (6)
- 5 'Be joyful in hope, patient in — , faithful in prayer' (Romans 12:12) (10)
- 6 St Columba's burial place (4)
- 7 Swirling current of water (4)
- 10 Loyalty (Isaiah 19:18) (10)
- 12 'God was pleased through the foolishness of what was — , to save those who believe' (1 Corinthians 1:21) (8)
- 13 Camp where the angel of the Lord slew 185,000 men one night (2 Kings 19:35) (8)
- 16 'There is still — — — Jonathan; he is crippled in both feet' (2 Samuel 9:3) (1,3,2)
- 18 David Livingstone was one (4)
- 19 Driver and Vehicle Licensing Authority (1,1,1,1)

Solutions later in the magazine



You know how sometimes we mishear things? A little boy that I know said that they had sung 'Away in a Manger' in the Nativity play at his preschool. He was convinced from singing this carol that Jesus had another name because he had heard it as 'little George Jesus asleep in the hay'.

In the same way a little girl said that she knew God's name because every time people said the Lord's Prayer she heard it as 'Harold be thy name'.

When Jesus gave us the prayer we call The Lord's Prayer he told us what to call God – you can read about it in Matthew's Gospel, chapter 6, verses 5-15.

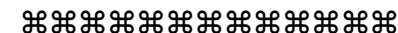
The word that Jesus used for 'Our Father' was 'Abba' which is the way that children then spoke to their father, like we use the word Daddy now. Every time we say the prayer we remember that God is our loving father.



FOUR OF A KIND



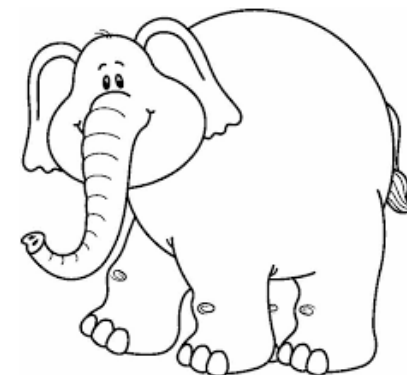
Can you find a common English word of 8 letters which contains 4 Gs? Here is a clue... it's a laughing matter. Answer at the bottom of the page.



What do they call ministers in Germany?
German Shepherds.

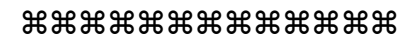
Who was the greatest comedian in the Bible?
Samson. He brought the house down.

Who was the first person in the Bible?
Chap One.



Why does an elephant use his trunk as a bookmark?
That way he always nose where he stopped reading.

What do you call someone with an elephant on their head?
Squashed!



Answer: giggling

Days of Note

1 Mary, the Blessed Virgin, visits Elizabeth



Mary – the virgin mother of Jesus. For centuries the eastern and western churches have considered her pre-eminent among all the saints.

In the gospels, Mary makes her first appearance as a teenager. Nothing is known of her childhood, and what we do know of her is found mostly in Matthew 1 – 2 and in Luke 1 – 2. If you read both accounts, you'll notice that Luke's account seems to give

the story from Mary's standpoint, whereas Matthew concentrates more on Joseph's side of things. In both accounts the virginal conception of Christ is clearly stated. Mary's quiet devotion to God and her total acceptance of his will shine forth.

Her visit to Elizabeth, when both were pregnant, is a moving and poignant account of two humble, ordinary women, suddenly caught up in a great event which would shape world history. Their trusting faith in

God and acceptance of his will, shine through.

After Jesus is born, Mary fades into the background, and makes few appearances: when the family visits Jerusalem and she loses her son on the way home; when she urges him to help the wedding party in Cana with its wine problem; and when Jesus gives her into the keeping of the beloved disciple when he is dying on the cross. Mary's last appearance is in Acts chapter one, just before Pentecost.

Mary obviously joined the early Church, but her role was never one of teaching and preaching, and indeed she remained so much in the background that nothing more about her is known for certain. Both Ephesus and Jerusalem have claimed to be the place of her death.

Mary, chosen to be the mother of Jesus Christ, one who is both God and Man, holds a unique place in the history of mankind. Down the centuries that have followed, the Church has paid special honour to Mary – and well deserved it is. "All generations shall call me blessed..."

2 Erasmus (d. c. 300) – a good saint for when you're all at sea

Do you like messing about in boats? If so, then you'll have heard of St Elmo's Fire. It is the light that is sometimes seen on mastheads of boats after storms at sea.

St Elmo is another name for St Erasmus, a fourth century Syrian bishop who was not afraid of violent storms. Legend has it that one day



when Erasmus was preaching outside, a thunderbolt hit the ground right beside him. That might have distracted many modern bishops, but not Erasmus – he just kept on preaching. His courage won him the respect of sailors, who also had to brave the elements of nature in their daily work.

But when Erasmus was made the patron saint of sailors, it led to a curious confusion. His emblem became the windlass, a kind of hoist used by many sailors at sea.

So far so good, but many medieval Christians, seeing the windlass emblem, assumed it was some sort of torture instrument. They knew that Erasmus had died in the persecution of Diocletian, and concluded that a windlass had been used to hoist out his intestines (which it hadn't).

But no matter - Erasmus was still adopted by another set of suffering people. Not only did sailors remember the thunderbolt, and look to him, but soon, anyone with gut ache as well!

4 Petroc – the founder of Padstow

If you are going to Cornwall this summer in search of peace and quiet, Petroc is the saint for you. Especially if you find Padstow a bit too crowded for your liking! He would have sympathised.

This 6th century abbot is Cornwall's most famous saint. Petroc set sail from South Wales, landed at Haylemouth, and founded a monastery at Lanwethinoc – now called Padstow, after him (Petroc's Stow).

Padstow must have been popular even in those days, because about 30 years later Petroc, in search of some peace and quiet, moved on to build another monastery at Little Petherick (Nanceventon). Here he must have decided to try some 6th century equivalent of 'Fresh Expressions', because he engaged with his local community by building a mill and a chapel.

In time, Petroc began feeling crowded again. So he tramped off to the remote wilds of Bodmin Moor, where he lived as a hermit – until some 12 monks turned up to join him. Firmly, Petroc kept them all housed in a monastery on a hilltop, while he enjoyed his private space in a cell by the river.

But even here Petroc was not alone. One day a terrified stag came rushing through the woods, pursued by the hunt. Petroc flung open the door of his cell, and the panting animal took refuge. When the huntsmen arrived on the scene, they did not dare to argue with the famous holy man, and went their way. The stag's gratitude made him tame, and Petroc would come to be portrayed with a stag as his special

emblem.

Petroc was buried in the monastery in Padstow but in c.1000 his shrine and relics, including his staff and bell, were translated to Bodmin. Here they have stayed ever since, except for a short, unplanned trip to Brittany in 1177, when they were stolen and carted off by a naughty Canon of the Church. Henry II intervened, and everything but a rib of Petroc was eventually returned.

8 William of York – victim of injustice

Have you ever been the victim of someone else's malice and ambition? Then William of York (d 1154) is the saint for you. William Fitzherbert was born into a noble family, with royal connections. He was also smart – appointed treasurer of York at a young age, and also as a chaplain to King Stephen. But none went to his head - he was loved for his kind, amiable and easy-going personality.

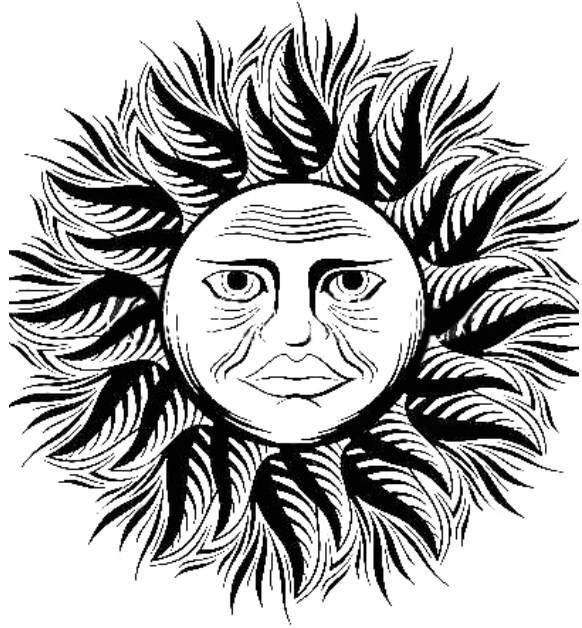
Then in 1140 Thurston, the archbishop of York, died. The canons of York knew whom they wanted, and with royal support William was made Thurston's successor. Yet all was not well: a disappointed minority hated him and had the support of powerful men. William was accused of simony, and of being unchaste. The row



brought in the Pope and several bishops, and William was cleared. Yet still – all was not well. That Pope died, and the new Pope was a Cistercian, who preferred the enemies of William. And so he was deposed.

Yet William seems to have taken all this malice and power-grabbing in his stride. He simply retired to Winchester to live as a devout monk until 1153. Then that year several of his key enemies died, and he was restored as archbishop to York. At last all looked good for him – and he made a triumphant return to York in 1154. But then – disaster struck again: a few days later William was dead - poison was strongly suspected. He was buried in his cathedral, and regarded as both the victim of grave injustice and as a saint. In 1421 the famous St William window was made; depicting his life and miracles and death in 62 scenes.

What would William have made of it all? One suspects this devout Christian would have said, along with St Paul, 'For me, to live is Christ and to die is gain.' For no one could ever take Jesus away from him.



21 Summer Solstice – longest day of the year

June, of course is the month of the summer solstice, the month of the Sun. Sol + stice come from two Latin words meaning ‘sun’ and ‘to stand still’. As the days lengthen, the sun rises higher and higher until it seems to stand still in the sky. The Summer Solstice results in the longest day and the shortest night of the year. The Northern Hemisphere celebrates in June, and the Southern Hemisphere celebrates in December.

While the Druids worship at Stonehenge and elsewhere, here some Christian alternatives that honour the Creator rather than the created.

A Canticle for Brother Sun

Praised be You, My Lord, in all Your creatures,
Especially Sir Brother Sun,
Who makes the day and enlightens us through You.
He is lovely and radiant and grand;
And he heralds You, his Most High Lord.

St Francis of Assisi

God in All

He inspires all,
He gives life to all,
He dominates all,
He supports all.
He lights the light of the sun.
He furnishes the light of the night.
He has made springs in dry land.
He is the God of heaven and earth,
of sea and rivers,
of sun, moon and stars,
of the lofty mountain and the lowly valley,
the God above heaven,
and in heaven,
and under heaven.

St Patrick

24 John the Baptist – preparing the way for the Messiah

John the Baptist is famous for baptising Jesus, and for losing his head to a woman.

He was born to Zechariah, a Temple priest, and Elizabeth, who was a cousin of Mary, the mother of Jesus. John was born when his mother was advanced in years, and after the foretelling of his birth and the choice of his name by an angel, we hear nothing more of him until he began his mission of preaching and baptising in the river Jordan c27.

John was a lot like an Old Testament prophet: he lived simply on locusts and honey in the wilderness, and his message was one of repentance and preparation for the coming of the Messiah and his Kingdom. He went on to baptise Jesus, at Jesus' firm request.

When John went on to denounce the incestuous union of Herod Antipas with his niece and brother's wife, Herodias, he was imprisoned and eventually beheaded at the demand of Salome, Herodias' daughter.

John is the only saint to be remembered three times in the Christian calendar, in commemoration of his conception, his birth (June 24), and his martyrdom. When John saw Jesus he said that Jesus was the "Lamb of God", and he is the only person to use this expression of Jesus. In art John is often depicted carrying a lamb, or with a lamb near him.

Crossword solutions

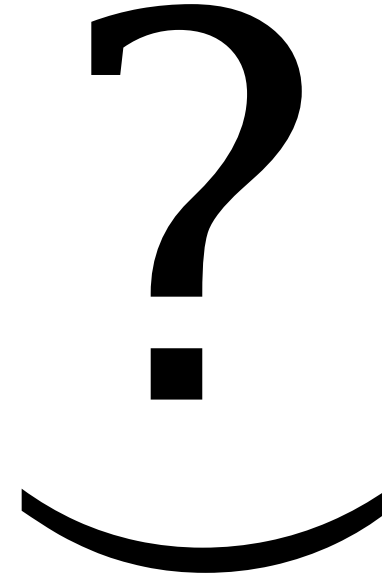
June answers

ACROSS: 1 Care, 3 Paradise, 8 Null, 9 Profaned, 11 Legalistic, 14 Closed, 15 Stores, 17 Missionary, 20 Covenant, 21 Thai, 22 Trade-off, 23 Eden

DOWN: 1 Conflict, 2 Religion, 4 Arrest, 5 Affliction, 6 Iona, 7 Eddy, 10 Allegiance, 12 Preached, 13 Assyrian, 16 A son of, 18 Scot, 19 DVLA

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The deadline for inclusion of articles for the July issue of the parish magazine is Sunday 14th June 2015

If you have images of any events of interest to the Parish community please send them to us.

Any information and articles you'd like to submit for inclusion in future issues should be sent to Ashley and Johanne via St David's Church or our email: thedairy@btclick.com

Please send digital files (Word docs are best) via email if at all possible.

Please make the subject header fit the content of the email preferably with 'New Leaves' included in the title - thanks!



Thank you to Graham Lerwill for organising the printing of this magazine - his hard work is much appreciated.