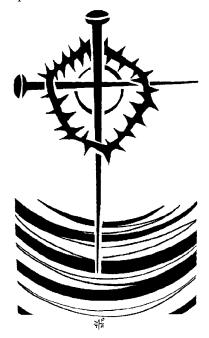
Parish of St.	David with St. I	Michael Directory 2015
Vicar	Tom Honey	686 000 & 07837 867 680
Assistant Curate	~	~
Parish Missioner	Simon Harrison	07824 456 938
Churchwarden	Avril Pattinson	860 880
"	Dave Allin	~
Reader	Bill Pattinson	860 880
PCC Secretary	Mary Kirkland	980 660
Parish Treasurer	Adrian Hewitt	437 313
Electoral Roll Officer	Jeremy Lawford	214 025
Thika Link	Kate Bray	877 162
St. David'	s www.stdavid	schurchexeter.org.uk
Treasurer	Barbara Allin	270 162
Asst. Treasurer	Geoff Crockett	468 073
Choir	Nigel Walsh	273 237
News Sheet	Helena Walker	notices@stdavidschurchexeter.org.uk
Toddler Group	Julia Spruntulis	270 986
Junior Church	Bill Pattinson	860 880
Servers	Christopher Smith	259 469
Church Bookings	Mary Quest	07792 062 403
Readers & Time of Prayer Rota	Avril Pattinson	860 880
St Michael's	www.stmichae	elsmountdinham.org.uk
Hon Asst Priest	~	~
Hon Asst Priest	David Hastings	498 233
Chapel Warden	Richard Parker	~
Chapel Warden	George Hexter	469 479
Treasurer	Adrian Hewitt	437 313
News Sheet	Lis Robins	239389
Secretary	Elizabeth Hewitt	437 313
Director of Music	Alex West	music@stmichaelsmountdinham.org.uk
Organist	Nigel Browne	01363 881 137
	Magazi	ne
Advertising	Glynis Harflett	214 787 glynis@harflett.eclipse.co.uk
Designers	Ashley Potter & Joh Ryder	432 911 thedairy@btclick.com

From the Vicar GOOD? FRIDAY

Friday 3rd April this year is the day we call Good Friday. It is the day when we remember the death of Jesus. So why do we remember such a tragic occasion as good? There are good deaths, but usually after a long life full of days well lived. Or maybe when the alternative to death is more pain and suffering. In the case of Jesus, death came early and in a cruel fashion. It certainly didn't seem good to his friends and family, who were in a state of shock, fearful and grief-stricken, huddling together for comfort in their pain.



In our church worship, we try to reflect the grim reality of death by crucifixion. Words and music are sombre and mournful, though often intensely beautiful as well. The atmosphere in church on Good Friday is like no other day of the year. It seems incongruous when we leave

church that day, and find everyone else carrying on as if nothing had happened.

One answer to the question Why is it Good? is that, by his death, Jesus saved us. He died to save us from sin. But what do we mean by that? How did Jesus save us, and from what did he save us, and why was the process so bloody and painful and miserable?

There are many ways of looking at salvation. One idea is that the human race is separated from God by our sins, the way we have failed to meet God's standards. Somehow, by this theory, Jesus bears the punishment for our sins, so that we can be welcomed into God's presence when we die, instead of going to Hell. The cross is the remedy for sin.

If this idea works for you, then I don't wish to change your mind. It doesn't work for me, and I would like to say gently but firmly that you don't have to believe it. It makes God out to be unable to forgive without a cruel punishment. What kind of God is that? Lacking in power and lacking in love.

Another way of looking at the cross is to take a step back. From the very beginning of all things God has breathed his presence into the world. The Word of God is the blueprint for his creation. Material things and people are the bearers of God's nature. We look at the world and we can sense something else, behind or within the ordinary things of life. This is how God comes to us in his love. The life and death of Jesus are the absolute essence of what it means for God to live among us. It's not Plan B because something went wrong. It's the original plan. God with us and in us.

So Jesus has come to share in humanity and reveal the divinity that is within. He died because we all die. And he died because of the cruelty, jealousy and hatred that have become so much a part of our story. The usual pattern is that we hurt each other. There is a vicious cycle of hurt, blame, revenge, retribution and punishment, which we can see going on endlessly in human history.

But one man has responded to this by breaking the cycle. He was the victim, but he didn't blame or try to hurt back. He sought no revenge, no punishment, because punishment and revenge are not in the nature of God. In this way Jesus shows us the way to live, he offers the world a way of love, so that we can follow God's original blueprint

The word 'salvation' means 'healing'. We are healed by the death of Jesus, because we see that God is still with us even at the last moment and beyond, and we see that there is another way. Jesus bore the weight of evil in his own body, the hatred and cruelty was inflicted on him but he chose not to return them.

The myth of redemptive violence is still prevalent in our world in real life and in fiction, especially violent cinema, where revenge and retribution are the staple diet. Good Friday offers another way and that is really Good news for everyone.

Wishing you all a very blessed Easter season

Tom



	<u>vid's Eucharis</u>	st April
•	pril: Easter Sunday	T
Reading 1	Isaiah 25: 6-9	Catherine Matlock
Reading 2	Acts 10: 34-43	Clive Wilson
Gospel	Mark 16: 1-8	
Time of prayer		Tess Lowe
Junior Church S	usan Mitchell	
Sunday 12th	April: 2nd Sunday of Easter	
Reading 1	1 John 1: 1 - 2: 2	Alan Baker
Reading 2	Acts 4: 32-35	Emma White
Gospel	John 20: 19-end	
Time of prayer		Chris Gill
Junior Church		
Sunday 19th	April: 3rd Sunday of Easter (Fa	mily Service)
Reading 1		
Reading 2	~	
Gospel		
Time of prayer		
No Junior Church		
Sunday 26th	April: 4th Sunday of Easter	
Reading 1	1 John 3: 16-24	Lawrence Sail
Reading 2	Acts 4: 5-12	Jenny Baker
Gospel	John 10: 11-18	
Time of prayer		Robert Mitchell
Junior Church		
Sunday 3rd M	Mav : Sundav	
Reading 1	1 John 4: 7-21	Cathy Knowles
Reading 2	Acts 8: 26-40	Richard Johnson
Gospel	John 15: 1-8	
Time of prayer	J0.1 0	Helena Walker
1 /	İ	

Positions Vacant

Parish Safeguarding Representative

The Parish of St David with St Michael and All Angels, Exeter,

is seeking to appoint a Parish Safeguarding Representative.

• Evidence Checker

The Parish of St David with St Michael and All Angels, Exeter,

is seeking to appoint an Evidence Checker.

For further details please contact the Vicar

Revd. Tom Honey on 01392 686000

or email

vicar@stdavidschurchexeter.org.uk

Arthur's Memories

Shortly before he died in 1972, Arthur Bartlett, who had lived in St David's Parish most of his life, was asked to record his childhood memories:

"My early impressions of the old St David's Church (the Pepper Box as it was popularly known) are very vivid indeed, although they may at times prove a little at fault.

My family went to live in the parish near 1880. I was born on August 3rd 1883, and from St David's Terrace we moved to Little Silver when I was three. It was just after this I was taken on a Sunday. I was not talking well as yet and especially stuck at the word "Jesus" and would say "Glory be to Jejus". I remember the smile on father's face. We had a pew, and I remember it about 20 seats up on the South side. There were two central rows of seats and two side rows, and a gallery each side. Only once did I ever use it, on the occasion of the wedding of a Miss Kindersley, one of three sisters who were very popular in the Sunday School and very active and lived on St David's Hill where the YMCA is now.

The church was rather a barn like place, but to me the portico was attractive. There was no artificial lighting. Evensong was at 3.30, never in the evening. Only once at Christmas do I recollect an illumination with candles. There was a good choir, the organist was Dr Ferris Tozer, and there was a Miss Graddon with a lovely soprano voice. My brother

Charles was a keen ringer - his name is on the belfry list. I mention him because every Sunday at 8am he took me up the belfry to watch him play hymns on the chimes, a proud moment for me.

All my five brothers and myself were choristers in St Paul's Church and once there I saw very little of St David's. The Vicar (Revd Theophilus Toye) was an austere man and filled me with awe as he went up the aisle preceded by John Dennis the Verger with his staff. Boys were the bane of his life, especially in the churchyard at "conker" time, always so attractive to boys, and at his enraged roar, how we scooted. The north side of the churchyard was busy and unkempt but the south and east sides were nearly always neatly mown, and this sums up my recollection of the church. The children of the parish attended St Michael's, then a comparatively new church, built around 1861 I believe.

There were two Miss Toyes, very autocratic ladies. I do not remember them and think they were not very popular. My father, a master printer, often sent me to the vicarage with proofs and my pet aversion to going there was their dog; that was probably my own timidity. Of my time there were the German and Eland boys - Henry Fowler Eland (86) passed away very recently."

(to be continued)

Arthur Bartlett was the son of Edward, a letterpress printer, and his wife Susannah. In addition to his five brothers, one of whom died aged 18 when Arthur was 3, he had one sister. After leaving school he worked as a railway clerk, eventually rising to the position of chief booking clerk at St David's Station. He married Agnes Rendle in 1914 and had three or four children.

Arthur's association with St David's Church continued. At various times, according to Revd Michael Smith, he served as churchwarden, edited the parish magazine and acted as treasurer of the Guild of St David and St Michael.

The redoubtable Misses Toye, Louisa and Laura, would have been in their 40s by the time Arthur was old enough to carry messages to the vicarage. Their father, the Vicar of St David's, was born in 1808.

I have made very minor alterations to the text where they were necessary to make the meaning clear. Otherwise the words are all Arthur's.

Jeremy Lawford

I.M. Canon John Alfred Thurmer

Lines written after visiting his open coffin

There are no words

Where he reposes,

Though the sculpted

Mouth and chin,

Which bore his secret grin,

And the thin grey hairs

On his scalp

Rest there:

Just as before.

Dignity

Of his words and wits

That pointed into the silence,

When he spoke with judicious voice, or

His old eyes chuckling,

Loudly railed and roared:

These are finished in the silence,

And he lies beneath

That tremendous open space,

Where only silence

Is substantial.

And so

Any words I speak

Are only into his

Silence;

But in this great hard vacuum

I feign that he replies,

When I say:

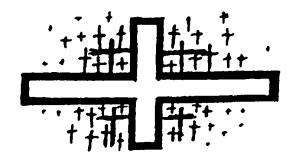
'Dear Fr,

In your hour of Gethsemene,

I'm sorry I didn't come

To visit you.'

David Beadle



ANNUAL REVISION OF THE PARISH ELECTORAL ROLL

Revision of the parish electoral roll will begin on Sunday 22nd March and end on Sunday 5th April 2015.

In order to be entitled to attend the annual parochial church meeting on Monday 27th April 2015, and to take part in its proceedings, your name must be on the electoral roll.

Similarly if you wish to stand for any office (other than Churchwarden) your name must be on the Roll.

If you would like to have your name entered on the Roll, please contact Jeremy Lawford at St David's, or Penny McDonald at St Michael's, who will be happy to give you an application form and/or more details.

AS THIS IS A REVISION ANYONE WHOSE NAME IS ON THE CURRENT ELECTORAL ROLL NEED NOT APPLY
- BUT PLEASE INFORM PENNY OR JEREMY OF ANY CHANGES OF ADDRESS.

Jeremy Lawford,
Electoral Roll Officer,
Parish of St David with St Michael and All Angels.

jeremy@jlawford.co.uk

Holy Week and beyond.

Sunday 29th March, Palm Sunday, 10.30am

(N.B. earlier start and the clocks will have gone forward an hour overnight!) Sung Mass with Blessing and Procession of Palms. Sung Passion Gospel. Mass in D by Leighton. Anthem: Pueri Hebraeorum, by Victoria.

Wednesday 1st April, 6pm,

Spy Wednesday when Judas arranged to betray Jesus. The traditional 14 Stations of the Cross are prayed along with the singing of the devotional poem Stabat Mater Dolorosa to music by Charpentier.

Maundy Thursday, 2nd April, 7.30pm. Sung Mass. We especially remember Jesus and his Disciples in the Upper Room, the Foot-washing, how the Last Supper became the First Holy Communion, the words of Jesus to his followers, and the Betrayal.

The Mass Setting is Missa Brevis by Lotti, and the Anthems are "Ubi caritas et amor Deus ibi est" by the contemporary composer Paul Mealor and "God so loved the world" from Sir John Stainer's Victorian meditation, The Crucifixion.

Friday 3rd April, Good Friday 10.30am

Good Friday Liturgy. Reproaches, by Upton. Veneration of the Cross.

Crux Fidelis, attr. King John IV of Portugal.

Good Friday, 8pm.

Tenebrae. An ancient service sung in Latin and English from the West Gallery to plainsong and polyphony by Lassus (1532-1594) and Palestrina (1525-1594). This profound and beautiful service takes us into the depths of Christ's sufferings through Scripture and Music, ending in darkness and silence to symbolise Jesus' descent to the dead.

Saturday 4th April, Holy Saturday 8pm

The Easter Vigil then brings us back from darkness into holy brightness. We kindle the New Light, prepare and bless the Paschal Candles for St Michael's and St David's, hear the Exsultet, the proclamation of Christ's Resurrection, and renew our Baptismal Vows.

Setting: Fitzwilliam Mass by Alex West. Anthem: Lift up your heads, O ye gates, from Handel's Messiah.

Easter Sunday, 5th April at 10.45am

Festal Sung Mass and Blessing of the Easter Garden.

All at St Michael's wish you a Happy and Blessed Easter. Christ is Risen; He is risen indeed!

Introit: Surrexit Christus Dominus, Michael Praetorius (1571-1621) died on his 50th birthday and is buried in Wolfenbuettel.

Setting: Kleine Orgelmesse, Franz Joseph Haydn (1732-1809) prolific Classical composer.

Motet: Easter Anthem, William Billings (1746-1800) of Boston, Massachusetts, is widely regarded as the first American choral composer.

Sunday 5th April at 6pm

Festal Evensong and Benediction. Responses: Tallis. Canticles: Brewer in D. Anthem: Wood 'This joyful Eastertide'. Plainsong Benediction Hymns

Friday 10th April at 7.30pm.

Recitals@StMichael's welcome Dr Robert Manning and Dr Tom Corfield performing a variety of organ duets and solos on our new pipe organ – Four Hands, Four Feet, and an Organ!

Low Sunday 12th April at 10.45am.

Mass. Setting: White in E flat. Anthem: Loosemore 'O Lord, increase our faith'. Easter Bonnet Competition after Mass.

Sunday 19th April at 10.45am.

Mass. Setting: Martin Shaw's Anglican Folk Mass. Anthem: Byrd 'Quotiescunque manducabitis'. Some serious Latin to get our teeth into. As often as you eat this bread and drink the cup, you shall show the death of the Lord, until he comes.

Thursday 23rd April at 6pm,

in place of Vespers, CBS Mass for St George's Day sung with Plainsong Propers and Hymns in the St Clement Chapel. All Welcome.

Sunday 26th April at 10.45am

Mass. Setting: Darke in F. Anthem: Bairstow 'Jesu, the very thought of thee'.

Monday 27th April, evening,

the important Annual Parochial Church Meeting to review and pray for our Churches' life and mission.

Please see http://www.stmichaelsmountdinham.org.uk/ for more and to view the nest box camera online on the Peregrine page, and https://twitter.com/StMikes_Exeter for latest news.

Recitals @ St Michael's Winter/spring season 2015

Friday 10th April
Dr Robert Manning and Dr Tom Corfie

Organ duo

Friday 8th May Alison Smith

Classical guitarist

Friday 19th June Voces8

Internationally-renowned vocal chamber ensemble

7:30pm

at

St Michael & All Angels, Dinham Rd,

Mount Dinham, Exeter EX4 4EB

Individual & season tickets available online via:

www.stmichaelsmountdinham.org.uk/music/recitals/



Church of St. Michael and All Angels Mount Dinham Parish of St. David, Exeter



St Michael's Lectures

Wednesday 29th April, 7.30pm

The Bible and the State of Israel: Sacred Time and Story in Recent Pronouncements by Holocaust Survivor Elie Wiesel

Dr David Tollerton

David Tollerton is a Lecturer in the Department of Theology and Religion at the University of Exeter. His first book, *The Book of Job in Post-Holocaust Thought*, was published in 2012. He also writes on media representations of the Bible and issues of free speech. David completed his postgraduate work at the Universities of Oxford and Bristol, afterwards lecturing at Bangor University for the three years before his arrival at Exeter in 2013.

The Holocaust survivor and Nobel Prize-winning writer Elie Wiesel has for several decades been one of the most vocal and high-profile figures associated with Holocaust remembrance. Known also for his views regarding Israel and her neighbours, over the past twelve months he has very publically described contemporary developments concerning Israel, Gaza and Iran through the lens of biblical archetypes. This paper will critically consider these announcements against the backdrop of Wiesel's wider work, suggesting that his ideas should be understood as reflecting the sacred temporality weaved into his views of history and biblical interpretation. It will be proposed this raises complex challenges for those interested in the interface between biblical reception and the conflicts of the modern world.

Everyone is warmly welcomed to the St Michael's Lectures and admission is FREE (with a voluntary retiring collection). They are followed by discussion and light refreshments. They are held in St. Michael's Church (Mount Dinham, Dinham Road, Exeter, EX4 4EB) which has a tall spire and is located by the Iron Bridge on North St./St. David's Hill. For further information, or to discuss disabled access, contact David Beadle at dnb201@ex.ac.uk or visit www.stmichaelsmountdinham.org.uk

St Thomas Methodist Church



Adult Literacy and Numeracy Club Volunteer tutors needed!

The Adult Literacy and Numeracy (ALaN) Club gives clients referred voluntarily from JobCentrePlus and other agencies an opportunity to improve their reading, writing and numeracy skills, before they are ready for accredited courses.

Training, resources, and 'safeguarding' guidance supplied. Volunteers commit to 12-weeks. Thursdays, 2-4pm, Mint Methodist Church Centre, Fore Street, Exeter.

Terms: 7 May-25 Jul, 10 Sep-26 Nov 2015, 14 Jan-31 Mar 2016.

Please contact Esther: alanclubstthomas@gmail.com

07929 909 350

Read any good books lately?

We would like to introduce a review section to our magazine and invite all you readers, film goers, music fans to write a short recommendation of something that you have seen or heard recently and really enjoyed.

It can be on any subject, not necessarily religious although we would

especially welcome those.

It's just a way of sharing and enjoying things together and fostering our feelings of community.

Go on -be brave! All you need to do is to include the author, composer or performer and a short piece about it and why you enjoyed it.

Books, CDs DVDs Films.

Social Committee Calendar 2015 for St Michaels

Sunday 12th April after Mass

Fundraiser – Easter Bonnet and Silly Hat competition

Saturday 9th May time to be arranged.

Fundraiser - Car Treasure Hunt with pub lunch

Saturday 27th June 12 noon

Fundraiser – Chris and Lis, Barbecue for the Choir fund This is a private function at The Meade and not hosted by the Social Committee, tickets will be available 2 weeks in advance. 01395 239389

Saturday 25th July 7.30pm

Fundraiser – Hymns and Pimms, at St Michaels

Saturday 26th September 7.30pm

Fundraiser - Michaelmas Dance with Buffett, the City Gate, tickets will be available 3 weeks in advance. Please sell as many as you can so that we can make this a huge success.

Saturday 24th October 7.30pm

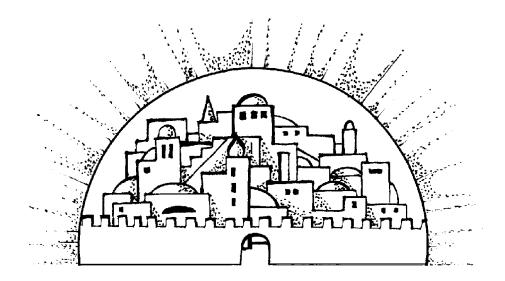
Fundraiser - Horse race night at the City Gate

Sunday 29th November 1pm

Non fundraiser – The Christmas Lunch at the Diggers Rest, Woodbury Salterton

Saturday 12th December 7.30 pm

Non fundraiser – Pub crawl for Christmas. Start to be arranged.



<u>Devon Home Library Service -</u> <u>bringing books and more to people in their homes</u>

The Devon Home Library Service works in partnership with the WRVS (Women's Royal Voluntary Service). It aims to provide library books, (including audio books on CD, and large print books) to those people in the community who through ill health or disability can no longer visit the library.

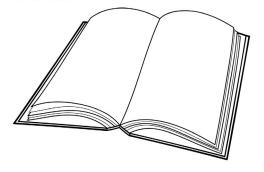
After discussing with the clients the sort of books they like, (eg romantic fiction, travel books, particular authors), WRV5 volunteers choose books for their clients which they deliver to them from once a fortnight to once every six weeks, depending on the needs of the client, at a mutually convenient time. There is no charge for the service and there are no fines on books!! Clients may keep the books for as long as needed and may order books they particularly want to read.

Large print books, cassette tapes and audio CDs as well as ordinary print books are available. Some clients prefer non fiction such as biography and travel books, other prefer romantic novels or murder mysteries!

For those people who love reading or just browsing through books, but are confined to their home, this service offers a chance to have access to the library as well as a visit from a friendly face on a regular basis. Often clients and volunteers make lasting friends so there is satisfaction on both sides.

We really want to promote and extend the service to reach as many people as possible!

If you would like to use the service, or know of someone who would, please contact Julia on 01392 757725 or email crichton-smith9@hotmail.co.uk



Exeter Library

Exeter Central Library run several groups on a variety of topics.

Please use this link for more information

 $www.devon.gov.uk/index/cultureheritage/libraries/yourlocal-library/exeter_libraries/exeter_central_library/events_at_exeter_central.htm$

Here are a few examples of what's on offer.

Woolly Wonders Knitting Group

Date:

Every month - Tuesdays

Time:

14.00 - 15.30

Description: Knitting is being touted as "The new Yoga". It can help to relieve stress and take your mind off your aches and pains, as well as keeping your mind active and reducing the risk of memory loss. All this and the added bonus of enjoying the company of other knitters.

Audience:

Everyone welcome

Cost:

Free

Bookings:

Drop in - no need to book

Exeter Audio Book Group

Date:

Once a month meeting

Time:

10:00 - 11:30

Description: A new reading group for blind and visually impaired people being launched at Exeter Central Library, The Hoskins Room Castle Street. This is a chance to get together and discuss and recommend books in large print or audio format.

Audience: Blind and Visually Impaired people with or without helpers including guide dogs.

Cost:

Free

Bookings: Just turn up

Organiser: Ask for Liz Cordin 01392 384 209

IT Drop -in Sessions

Date: Every Wednesday

Time: 14:00 - 16:00 (from 5th November 2014)

Description: We can help you with: how to set up an email account and how to open and send attachments. How to use a scanner. How to upload photos to your computer. How to find what you want on the web. How to use social housing sites. How to use Ebay. How to book things online. How to use ereaders and ebooks.

Audience: Anyone who would like help sorting out their basic computer needs.

Cost: Free

Bookings: Just drop in

Organiser: Mike Mills & James Knight 01392 384 209

For 1-2-1 IT tuition we offer a waiting list.

Southernhay Child Contact Centre Exeter

"... suddenly the boys came running to me .. both shouting 'Daddy! Daddy! Big hugs for each one"

"It was like a rugby scrum only for once I was crying. They had not forgotten me."

We all know the statistics. There were nearly 1000 divorces in Devon in 2012. Most people will know someone who has had experience of the break-up of a marriage or partnership. With these break-ups often come problems for parents and children who no longer see each other. The trauma of separation can make healing almost impossible.

In Exeter, we're lucky because the city has the Southernhay Child Contact Centre. This is a safe and friendly place where an absent parent can see his or her children on neutral territory, and children can spend time with their brothers and sisters if they don't all live together anymore.

Southernhay Child Contact Centre is accredited by NACCC (National Association of Child Contact Centres. About 14 families currently use the Centre on Saturdays. Volunteer staff support the service. They don't supervise the contact sessions or spend time with the children but they do ensure that the Centre is a safe and welcoming place for everyone. The number of people who can use the Centre depends on the number of volunteers available to attend the sessions.

The Child Contact Centre exists to give an absent parent an opportunity to spend time with his or her child or children. There's no charge to use the Centre. Families can refer themselves, or the court or social services might order the access solution. There are lots of toys and books for children of all ages, and these often help a parent to reconnect with their child after what sometimes can be a long absence. And a child knows finally they've not been abandoned, that they are loved.

It is so important that children keep in touch with their absent parent. Frequently there has been a long (to a child a very long) break since seeing a parent. It is so rewarding and moving when the child rushes to their parent, and has not forgotten him/her.

And then the healing process can begin, a child becoming much more confident in themselves, lessening the trauma of separation, knowing they have not been abandoned.

If you would like to find out more and are prepared to offer a helping hand on either a Saturday morning or afternoon once a month do please contact the centre for further information, please email southernhaycontact@gmail.com or call 07775 158 808. 'An enhanced DBS check will be requested in the event of an individual being offered a voluntary position.'

All enquiries welcome.

Held at: Southernhay Church, Southernhay East, Exeter EX1 1QD

The Soup Kitchen at St. David's

As many of you will know, Thursday evening is the time we receive a number of homeless folk at St. David's and provide soup and refreshments to sustain them through the cold nights.

They need warm clothing and shoes, so if you have fleeces, sweaters, coats, jeans, or trousers you would like to pass on, they will be gratefully received.

We also like to have paperbacks they can take to read, so if you are parting with books please think of leaving them with us.

Thank you.

Contact Mary on:- 07872 626 168 if you need to leave donated goods





every Wednesday Exeter Community Centre 17 St Davids Hill Exeter

Affordable Community Acupuncture £15 - £30 per treatment session pay what you feel you can afford

We are a friendly team of qualified acupuncturists offering treatment for pain and many other conditions to help improve your quality of life

contact us to find out more about how acupuncture could help you www.peoplesacupunctureproject.com 07834 160906 or 07910 453794

St. Sidwell's Church of England Primary School and Nursery

York Road, Exeter, EX4 6PG
Headteacher: Mrs. Anne Hood
Tel: 01392 255551 Website: www.st-sidwells-ce.devon.sch.uk



For children aged 3 to 11 years

Come and visit our successful school which includes a purpose built Nursery/Foundation Stage Breakfast and After School Clubs available

We have a long-standing tradition of high quality education within a caring, Christian ethos.

"St Sidwell's is a good school where teaching is good and pupils' achievement is high"
"An outstanding feature of the school is the care, guidance and support it gives pupils."
"The personal development of pupils is also outstanding."
"Spiritual development is excellent." "Behaviour is exemplary."

St David's Church

Queens Terrace, Exeter *Free play*

Craft activities

Healthy snacks

Singing together

for your little ones

A drink and a chat - Support for you

Toddler Group



£ 1 for your first child and then 50p Join us in the Parish Rooms on

Thursday mornings 10.00 until 12.00 (every week - except August)

You are very welcome to drop in and meet us

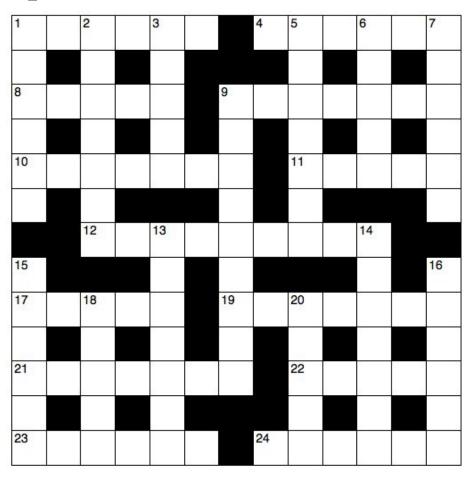
or

you can contact us:

Julia on 07729068567

Toddlers@stdavidschurchexeter.org.uk

April crossword



Across:

- 1 Relating to the whole universe (6)
- 4 The disciple who made the remark in 8 Across (John 20:24) (6)
- 8 'Unless I see the nail marks — hands, I will not believe $\,$ it' (John 20:25) $(2,\!3)$
- 9 He urged King Jehoiakim not to burn the scroll containing Jeremiah's message (Jeremiah 36:25) (7)
- 10 Baptist minister and controversial founder of America's Moral Majority, Jerry (7)
- 11 'Look, here is . Why shouldn't I be baptized?' (Acts 8:36) (5)

- 12 Repossessed (Genesis 14:16) (9)
- 17 Port from which Paul sailed on his last journey to Rome (Acts 27:3–4) (5)
- 19 'Moses was not aware that his face was because he had spoken with the Lord'

(Exodus 34:29) (7)

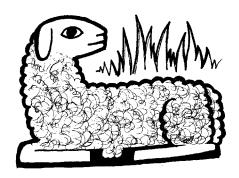
- Roonwit, C.S. Lewis's half-man, half-horse (7)
- 22 Grill (Luke 24:42) (5)
- 23 'The lot fell to Matthias; so he was added to the apostles' (Acts 1:26) (6)
- 'I was sick and you looked after me, I was in and you came to visit me' (Matthew

25:36) (6)

Down:

- 1 Coastal rockfaces (Psalm 141:6) (6)
- 2 Academic (1 Corinthians 1:20) (7)
- 3 Publish (Daniel 6:26) (5)
- 5 For example, the Crusades (4,3)
- 6 11 Across is certainly this (5)
- 7 He reps (anag.) (6)
- 9 Liberator (Psalm 18:2) (9)
- 13 Man who asked the question in 11 Across was in charge of all her treasury (Acts 8:27) (7)
- 14 They must be 'worthy of respect, sincere, not indulging in much wine' (1 Timothy 3:8) (7)
- 15 The human mind or soul (6)
- 16 'O Lord, while precious children starve, the tools of war increase; their bread is ' (Graham Kendrick) (6)
- 18 'We played the flute for you, and you did not ' (Matthew 11:17) $\left(5\right)$
- 20 Bared (anag.) (5)

Solutions later in the magazine



JESUS IS ALIVE!

Early on the first Easter morning Mary Magdalene and some other women went to the tomb where Jesus had been buried. When they reached the tomb it was open, the big stone that had sealed the entrance was rolled away - and it was empty! They thought that someone had stolen Jesus' body but an angel told Mary what had really happened, that Jesus was alive! The disciples were all together when Mary arrived back with her news and told them what had happened, but they wouldn't believe her. They were confused and afraid. Sometimes we say 'I can't believe it' if someone tells us really good news. We say 'I'll believe it when I see it with my own eyes' and that is what the disciples said.

And when they saw the risen Jesus they believed. Read about what happened that first Easter Day in the four Gospels. And what is the next thing that you do when you hear good news? You want to share it with someone else. Share the Good News with someone this Easter!

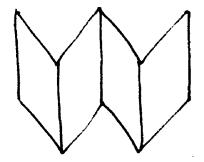
SPREAD THE NEWS

One way you can pass the good news on is to send Easter cards. You could make some of these easy Easter egg cards (the egg is a symbol of new life so that's why we have eggs at Easter).

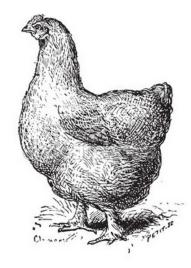
You will need:

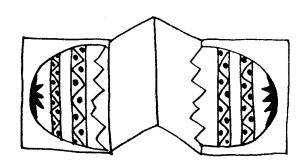
- a strip of thin card about 10cm by 30cm
- another piece of coloured card for the egg about 9cm by 12cm
- felt tip pens
- a ruler, scissors and a glue stick. Fold the long strip of card in half and then each half back on itself

to make a W shape.



Draw an egg shape on the coloured card and cut round it. Cut the egg in half with a jagged edge and stick it onto the folded card as shown. Decorate it and write your message inside - you could even draw a fluffy yellow chick inside the egg.





Days of Note

2 Hugh of Grenoble – the saint who fought corruption and built hospitals

Murky crimes committed by some church leaders, local shops in trouble, roads needing repair, and hospitals in a sorry state....wanting to retire, but the law said no... it seems that Hugh of Grenoble was dealing with 21st century problems in the 11th century.

Born at Chateauneuf in 1052 as the son of a knight, Hugh attended the cathedral school of Valence and became a canon. He was talented and learned, good looking – and yet bashful. Sounds a bit like a shy public school boy. Certainly Hugh's parents' contacts and his privileged schooling earned him a good job early on – as secretary to the Bishop of Die, who was also a papal legate. In 1080 Hugh was taken along to the Synod of Avignon, where the deplorable state of the diocese of Grenoble was reviewed. It was afflicted with widespread simony and usury, and clerical unchastity was rampant.

Hugh was outraged at what he heard – and was soon in a position to do something about it. He was made Bishop of Grenoble by Pope Gregory VII and went on to fight the excesses and sins of the clergy with notable success. He became virtual co-founder of the Carthusian order. The common people soon came to love him, for as well as reforming their churches and restoring their cathedral, he built a bridge, a marketplace and three hospitals for them.

In later years Hugh wanted to retire, but like many people today, was not able to do so: in his case the pope would not let him. During the last few weeks of his life Hugh went back to basics: he seemed to forget everything but the Lord's Prayer and the Psalms. He was greatly loved, and canonised only two years after his death in 1134.

2 Maundy Thursday - time to wash feet

Maundy Thursday is famous for two things. The first is one of the final acts that Jesus did before his death: the washing of his own disciples' feet. (see John 13) Jesus washed his disciples' feet for a purpose: "A new command I give you: Love one another. As I have loved you, so you must love one another." His disciples were to love through service, not domination, of one another.

In Latin, the opening phrase of this sentence is 'mandatum novum do vobis'. The word 'mundy' is thus a corruption of the Latin 'mandatum' (or command). The ceremony of the 'washing of the feet' of members of the congregation came to be an important part of the liturgy (regular worship) of the medieval church, symbolising the humility of the clergy, in obedience to the example of Christ.

But Thursday was also important because it was on that night that Jesus first introduced the Lord's Supper, or what we nowadays call Holy Communion. Jesus and his close friends had met in a secret upper room to share the Passover meal together - for the last time. And there Jesus transformed the Passover into the Lord's Supper, saying, 'this is my

body' and 'this is my blood' as he, the Lamb of God, prepared to die for the sins of the whole world. John's gospel makes it clear that the Last Supper took place the evening BEFORE the regular Passover meal, and that later Jesus died at the same time that the Passover lambs were killed.

5 EASTER – the most joyful day of the year

Easter is the most joyful day of the year for Christians. Christ has died for our sins. We are forgiven. Christ has risen! We are redeemed! We can look forward to an eternity in his joy! Hallelujah!

The Good News of Jesus Christ is a message so simple that you can explain it to someone in a few minutes. It is so profound that for the rest of their lives they will be still be 'growing' in their Christian walk with God.

Why does the date more around so much? Because the date of Passover moves around, and according to the biblical account, Easter is tied to the Passover. Passover celebrates the Israelites' exodus from Egypt and it lasts for seven days, from the middle of the Hebrew month of Nisan, which equates to late March or early April.

Sir Isaac Newton was one of the first to use the Hebrew lunar calendar to come up with firm dates for Good Friday: Friday 7 April 30 AD or Friday 3 April, 33 AD, with Easter Day falling two days later. Modern scholars continue to think these the most likely.

Most people will tell you that Easter falls on the first Sunday after the

first full moon after the Spring Equinox, which is broadly true. But the precise calculations are complicated and involve something called an 'ecclesiastical full moon', which is not the same as the moon in the sky. The earliest possible date for Easter in the West is 22 March, which last fell in 1818 and won't fall again until 2285. The latest is 25 April, which last happened in 1943 and is next due in 2038.

Why the name, 'Easter'? In almost every European language, the festival's name comes from 'Pesach', the Hebrew word for Passover. The Germanic word 'Easter', however, seems to come from Eostre, a Saxon fertility goddess mentioned by the Venerable Bede. He thought that the Saxons worshipped her in 'Eostur month', but may have confused her with the classical dawn goddesses like Eos and Aurora, whose names mean 'shining in the east'. So Easter might have meant simply 'beginning month' — a good time for starting up again after a long winter.

Finally, why Easter eggs? On one hand, they are an ancient symbol of birth in most European cultures. On the other hand, hens start laying regularly again each Spring. Since eggs were forbidden during Lent, it's easy to see how decorating and eating them became a practical way to celebrate Easter.

Jesus' appearances after his Resurrection

The following list of witnesses may help you put all those references in order....

Mary Magdalene Mark 16:9-11; John 20:10-18

Other women at the tomb Matthew 28:8-10

Peter in Jerusalem Luke 24:34; 1 Corinthians 15:5

The two travellers on the road Mark 16:12,13

10 disciples behind closed doors Mark 16:14; Luke 24:36-43; John

20:19-25

11 disciples WITH Thomas John 20:26-31; 1 Corinthians 15:5

7 disciples while fishing John 21:1-14

11 disciples on the mountain Matthew 28:16-20

A crowd of 500 1 Corinthians 15:6

Jesus' brother – James 1 Corinthians 15:7

Those who saw the Ascension Luke 24:44-49; Acts 1:3-8

28 St George of the Golden Legend

The Saint of an English Army before he was Patron Saint of England, St George may have been a soldier, but he was no Englishman. He was an officer in the Roman army under Diocletian, who refused to abandon his faith during the Terror, and was martyred at Lydda in Palestine about the year 300 AD - supposedly 23 April. Over the years St George became the example of a Christian fighting-man, a powerful helper against evil powers affecting individual lives. He was the soldier-hero of the Middle Ages, of whom remarkable deeds were reported.

In the Golden Legend of the 13th century, Jacobus de Voragine gave St George a handsome write-up. The story runs thus:

One day, St George rode up to the heathen city of Sylene in Lybia, where he found the citizens in great distress. A neighbouring dragon had forced them to surrender two sheep each day for its dinner, and when the sheep gave out, two of their children; and now they were about to sacrifice the King's daughter, dressed as if for her wedding. St George encountered the little party by a stagnant lake, where the dragon lived, and persuaded the sobbing Princess to tell him why she was so miserable. At that moment the dragon appeared, looking inexpressibly revolting. The Saint charged, and drove his spear into the gaping mouth. To everyone's amazement, he tumbled the monster over and over.

Then St George borrowed the Princess's girdle, tied it round the dragon's neck, and persuaded her to lead it back to Sylene herself. The sight of her approaching with the befuddled dragon on its makeshift lead emptied the town. When the inhabitants timidly crept back, St

George promised to behead the dragon if they would all believe in Jesus Christ and be baptised.

It was a most effective form of evangelism, for everybody said 'yes' at once. So 15,000 people were baptised, and four carts were commissioned to remove the dragon's body.

St George thus became a symbol of the war against evil, and is usually portrayed trampling the dragon of sin under his horse's hoofs. The Crusaders had a vision of him helping them against the Saracens at Antioch, during the first Crusade, and so brought the story of St George back with them from Palestine. Presently England put herself under the protection of the Saint. His day was declared a holiday in 1222. A red cross on a white field is the flag of St George.

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Crossword solutions

April answers

ACROSS: 1, Cosmic. 4, Thomas. 8, In his. 9, Delaiah. 10, Falwell. 11, Water. 12, Recovered. 17, Sidon. 19, Radiant. 21, Centaur. 22, Broil. 23, Eleven. 24, Prison.

DOWN: 1, Cliffs. 2, Scholar. 3, Issue. 5, Holy war. 6, Moist. 7, Sphere. 9, Deliverer. 13, Candace. 14, Deacons. 15, Psyche. 16, Stolen. 18, Dance. 20, Debar.

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Rarbara's Edible Stall

Please keep bringing and buying. We need you!

NEXT DATE:

SUNDAY 19th April

Many thanks. Sarah Black





The deadline for inclusion of articles for the May issue of the parish magazine is Sunday 12th April 2015

If you have images of any events of interest to the Parish community please send them to us.

Any information and articles you'd like to submit for inclusion in future issues should be sent to Ashley and Johanne via St David's Church or our email: **thedairy@btclick.com**

Please send digital files (Word docs are best) via email if at all possible.

Please make the subject header fit the content of the email preferably with 'New Leaves' included in the title - thanks!



Thank you to Graham Lerwill for organising the printing of this magazine - his hard work is much appreciated.