

MORNING PRAYER



At St Michael's, Morning Prayer, or Lauds, is offered at 9.30 am on Wednesdays and also for Ascension Day at 7.30 am.

The character of Morning Prayer is that of praise.

The format of Morning Prayer, or the Morning Office is as follows:

- ▣ the invitatory
- ▣ a hymn, composed by the Church
- ▣ two psalms, or parts of psalms with a scriptural canticle. At Morning Prayer, this consists of a psalm of praise, a canticle from the Old Testament, followed by another psalm.
- ▣ a short passage from scripture
- ▣ a responsory, typically a verse of scripture, but sometimes liturgical poetry
- ▣ a canticle taken from the Gospel of Luke: the Canticle of Zechariah (*Benedictus*)
- ▣ intercessions, composed by the Church
- ▣ the Lord's Prayer
- ▣ the concluding prayer, composed by the Church
- ▣ a blessing given by the priest or deacon leading Morning Prayer, or in the absence of clergy and in individual recitation, a short concluding versicle